THE TEXAS CAMPAIGN’S 7TH ANNUAL SYMPOSIUM
EMPOWERING THE NEXT GENERATION
APRIL 16-18, 2018
AUSTIN, TEXAS
WWW.TXSYMPOSIUM.ORG
Welcome to the Texas Campaign to Prevent Teen Pregnancy’s 7th Annual Symposium

On behalf of the Texas Campaign to Prevent Teen Pregnancy, we welcome you to our 7th annual Symposium – Empowering the Next Generation! Over the next three days we will focus on how we can create more opportunities for Texas youth, empower them and help them grow and learn, with one ultimate goal – equipping young people with the tools they need to create a successful future for themselves, their peers and their future families.

We’ll be asking and answering the big questions:

• What is the state of the adolescent health landscape in Texas and beyond?

• How can we encourage teens and young adults to make responsible choices?

• How can we integrate a new generation of voices - both teens and young adults - into our on going work?

• And, how can we invest in and magnify youth voices so that they are well equipped to engage their peers and communities?

As Nita Ambani once said “Education is not a tool for development – individual, community and the nation. It is the foundation for our future. It is empowerment to make choices and emboldens the youth to chase their dreams.”

Thank you for sharing our commitment to improving the quality of life for the children and families who call Texas home. We are confident that with you by our side, we can make an impact by reducing the number of teen pregnancies across our great state.

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RESISTING THE NEXT GENERATION

GENERAL INFORMATION

Registration Table
The registration table is located in the Pre-Function Area on the Main Level. If you need information or assistance, registration staff is available to assist you.

Badges
Participants must wear their identification badges at all times to gain admission to sessions. If your badge is lost or misplaced, a replacement may be obtained at the registration table.

Session Attendance Verification
For Symposium attendees seeking continuing education credit, please complete the Verification of Attendance (VOA) form located in your event program. All forms need to be placed in the VOA drop box located at the registration table before you leave. Certificates will be emailed out by May 4, 2018.

Mobile Phones and Other Communication Devices
To maintain the educational environment, we ask that you please turn off or silence your mobile phones and electronic communication devices before entering session rooms.

Disclaimer
Opinions expressed by event participants and presenters do not necessarily represent the position of the Texas Campaign to Prevent Teen Pregnancy.

Video, Photographs and Quotations
Program organizers will be taking video and photos of the speakers and participants and may use excerpts from written materials or correspondence provided by speakers or participants for use in future promotional materials. If you do not wish to have your likeness, materials or correspondence used, you must advise the Texas Campaign (Melanie@txcampaign.org) by April 18, 2018.

Organizer’s Contact Information
For questions, contact: Texas Campaign to Prevent Teen Pregnancy, 700 Lavaca Street, Ste. 1400-90590, Austin, Texas 78701, 512.387.0380; info@txcampaign.org.

Internet Access
Complimentary wifi is available to event attendees, password: txcampaign

Social Media
Twitter: @TexasCampaign
Facebook: @TxCampaign
Hashtag: #TxCampaign

Parking
Day self-parking is complimentary in the hotel parking lot. Discounted self-parking for overnight guests is $10 per night. Valet parking is $15.00.

The DoubleTree by Hilton Floorplan
CE INFORMATION

Continuing education credit/contact hours for this event are provided by The Texas Campaign to Prevent Teen Pregnancy and include the following:

Social Work (SW)
The Texas Campaign to Prevent Teen Pregnancy is an approved provider of continuing education credits by The Texas State Board of Social Worker Examiners, provider #6838. www.dshs.state.tx.us/socialwork/sw_contact.shtml

Licensed Professional Counselor (LPC)
The Texas Campaign to Prevent Teen Pregnancy is an approved provider of continuing education credits by The Texas State Board of Examiners of Professional Counselors, provider #2374.

Continuing Professional Education (CPE)
The Texas Campaign to Prevent Teen Pregnancy is an approved provider of continuing education credits by the Texas Education Agency, provider #902-395.

Certified Health Education Specialist (CHES/MCHES)
Sponsored by Texas A&M University, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc.

Certified In Public Health (CPH)
The Texas Campaign to Prevent Teen Pregnancy is an approved provider of continuing education credits by The National Board or Public Health Examiners.

Certified Nurse Contact Hours (CNE)
This activity has been submitted to the Texas Nurses Association for approval to award contact hours. Texas Nurses Association – Approver is accredited with distinction as an approver with distinction, of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Certified Health Worker (CHW)
Symposium sessions can apply to non-CHW certified classes and count toward CHW certification and renewal. A maximum of 12.5 hours are available if the entire Symposium is attended.

Continuing Education Hours
Every attendee seeking continuing education hours must complete accompanying evaluations for each session they attend.

Attendees seeking continuing education credit must do the following to complete the CE application:

1. Fill out the Verification of Attendance (VOA) form in your packet.
2. Scan your badge when you enter each session.
3. Turn in your CE VOA form to the Registration Desk before leaving the Symposium.
4. Complete an electronic evaluation for EVERY session you attend via:

   www.txsymposium.org/eval

   OR

   Text Your Badge ID # to 512-379-6794

You will also receive an email at the conclusion of each day with a summary of the sessions you scanned into and a link to each evaluation you need to complete.

Badge ID: 12790 - John Smith

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<tr>
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| Mon 8:45 AM | Ordinary Acts of Courage Create Phoenix North |
| Mon 10:30 | The Role of Culture and Context Austin |
| Mon 11:00 | A Model for Health Care Austin |
| Mon 12:45 | Supporting Student Success Austin |
| Mon 2:00 PM | Youth Informed Sexual Health Phoenix South |
| Mon 3:15 PM | Panel: Disparities in Reproductive Phoenix North |
| Tue 8:30 AM | Key Findings from the Kirby Phoenix North |
| Tue 10:00 | Acknowledging the Reproductive Phoenix South |
| Tue 11:30 | Women’s Health Update in Texas Phoenix North |
| Tue 1:15 PM | Creating an Opportunity DeZavala |
| Tue 2:00 PM | Implementing Evidence-Based DeZavala |
| Tue 3:00 PM | Behind the Mask: How to Make Phoenix North |
A Big “Thank You” to our Sponsors who helped make the 7th Annual Symposium possible!

SPONSORS

Methodist Healthcare Ministries of South Texas • Texas A&M University – Department of Health & Kinesiology
Nancy Neavel • Power to Decide: The Campaign to Prevent Unplanned Pregnancy
United Way of Waco-McLennan County
Thank you to our wonderful exhibitors! Be sure and visit them in the Doubletree Hotel Pre-Function Area on the Lobby Level of the Hotel to learn more about their products and services and how they can support the work you are doing.

AmeriGroup
Bayer
BraveLove
Dell Children's Health Plan
ETR Associates
HYP Austin

Medicines360
Merck
Superior Health Plan/Centene
Texas HHSC Healthy
Texas Women
Treble Up
Wise Guys
David C. Wiley Award

The Texas Campaign is proud to present Marlen Ramirez with the 2018 David C. Wiley Award. Ms. Ramirez, who has extensive outreach experience, oversees the Juntos Podemos Program — a teen pregnancy prevention program — within the Maverick County Health District. She also serves as a Community Health Worker, allowing her to work closely with local community-based organizations and health providers to raise awareness about healthier lifestyles. Having been a teen parent herself, she draws upon her own personal experiences to guide local youth. Her work with the Juntos Podemos Program has increased awareness within a tri-national community and has opened the opportunity for teens and parents in Eagle Pass, Texas, Piedras Negras, Coahuila, Mexico, and in the Traditional Kickapoo Tribe of Texas to have conversations on teen pregnancy prevention. The Texas Campaign is thrilled to recognize Ms. Ramirez because of her ongoing work on behalf of young people in Texas.

The David C. Wiley Award was created to recognize exceptional individuals who have made remarkable contributions to the field of teen pregnancy prevention in Texas through service, leadership, advocacy, or research. People on the forefront of this work, and those who have dedicated the better part of their careers to ending teen pregnancy deserve gratitude for their achievements.

Community Partner Award

The Texas Campaign is honored to recognize an Ector County Partnership between three agencies with the 2018 Community Partner Award. Over the past 8 years, the Texas Tech University Health Sciences Center at the Permian Basin Department of Obstetrics and Gynecology Community Health Education Office (TTCHEO), Ector County Independent School District (ECISD), and The Life Center (TLC) have worked tirelessly to bring reproductive education to students attending Ector County schools. This school year alone, nearly 12,000 students in grades 5 through 10 have received information on anatomy and reproduction, abstinence and contraceptives, STIs and how to avoid them along with information on social skills, navigating feelings, and puberty. The partnership has survived budget cuts, criticism, and board concerns to provide the coming generations with the tools needed to attain healthy and happy futures.

The Community Partner Award celebrates fellow organizations that are committed to outstanding work in the prevention of teen pregnancy. This work has been proven to significantly improve the lives of Texas adolescents and their families, and the Texas Campaign is proud to highlight and acknowledge the community partners who are leading the way. It takes a collective effort to advocate for teen pregnancy prevention and only together can we make significant progress towards this important mission.
**EMPOWERING THE NEXT GENERATION**

**SCHEDULE AT A GLANCE**

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<td>7:30-8:30 am</td>
<td>Continental Breakfast with Exhibitors</td>
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<td>8:30-10:00 am</td>
<td>Welcome / Opening Remarks&lt;br&gt;Cynthia Osborne, PhD, MPP, MA, Board Chair, Texas Campaign To Prevent Teen Pregnancy&lt;br&gt;Opening Keynote: Ordinary Acts of Courage Create Resilient Communities&lt;br&gt;Allison Sampson-Jackson, PhD, LCSW, CSQPT, LCSW, Integration Solutions&lt;br&gt;<strong>ROOM: Phoenix North / Central</strong></td>
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<tr>
<td>10:00-10:30 am</td>
<td>Break with Exhibitors</td>
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<td>10:30-11:30 am</td>
<td>The Role of Culture and Context in the Hispanic/Latina Teens’ Reproductive Experience AND A Model for Health Care Practitioners Regarding LARCs&lt;br&gt;<strong>ROOM: Robertson</strong>&lt;br&gt;Check Your Assumptions! Strategies for Challenging Perceptions of Young People and Growing Positive Youth-Adult Relationships&lt;br&gt;<strong>ROOM: deZavala</strong>&lt;br&gt;Everyone Loves Birth Control&lt;br&gt;<strong>ROOM: deZavala</strong>&lt;br&gt;Make Your Voice Heard: How to Educate, Advocate, and Influence Public Policy&lt;br&gt;<strong>ROOM: Robertson</strong></td>
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<tr>
<td>11:30 am-12:00 pm</td>
<td>Networking Lunch (Provided)&lt;br&gt;<strong>ROOM: Phoenix North / Central</strong></td>
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<td>12:30-12:45 pm</td>
<td>Break with Exhibitors</td>
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<td>12:45-1:45 pm</td>
<td>Intellectual Disability and Sexuality&lt;br&gt;<strong>ROOM: Roberton</strong>&lt;br&gt;Supporting Student Success Through A Campus Sexual Health Program&lt;br&gt;<strong>ROOM: Austin</strong>&lt;br&gt;What's Trauma Got To Do With It?&lt;br&gt;<strong>ROOM: Phoenix South</strong>&lt;br&gt;Fostering Healthy Outcomes: Ensuring Solutions for Youth in Conservatorship&lt;br&gt;<strong>ROOM: deZavala</strong></td>
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<td>1:45-2:00 pm</td>
<td>Break with Exhibitors</td>
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<td>2:00-3:00 pm</td>
<td>Adolescent Advocacy through Photovoice: A Dallas County Teen Pregnancy Prevention Needs Assessment&lt;br&gt;<strong>ROOM: Robertson</strong>&lt;br&gt;Youth Informed Sexual Health Education&lt;br&gt;<strong>ROOM: Phoenix South</strong>&lt;br&gt;Prevalence of Health-Risk Behaviors Among Sexual Minority Youth in Texas&lt;br&gt;<strong>ROOM: Austin</strong>&lt;br&gt;Pregnancy and LARC Use Among Adolescents and Young Adults&lt;br&gt;<strong>ROOM: deZavala</strong></td>
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<td>3:00-3:15 pm</td>
<td>Break with Exhibitors</td>
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<td>3:15-4:30 pm</td>
<td>Panel Session: Disparities in Reproductive Health Outcomes&lt;br&gt;<strong>ROOM: deZavala</strong>&lt;br&gt;Panelist: Cynthia Osborne, PhD, MPP, MA, University of Texas at Austin Child and Family Research Partnership&lt;br&gt;Panelists: Rep. Shawn Thierry (D), District 146, Houston&lt;br&gt;Nancy Cardenas, National Latina Institute for Reproductive Health&lt;br&gt;Moss Hampton, MD, FACOG, Texas Tech University Health Sciences Center&lt;br&gt;Former Senator Wendy Davis, Deeds Not Words</td>
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<td>4:30-5:00 pm</td>
<td>Break with Exhibitors</td>
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<td>5:00-6:00 pm</td>
<td>Continental Breakfast with Exhibitors</td>
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<td>6:00-7:00 pm</td>
<td>Welcome / Opening Remarks&lt;br&gt;<strong>ROOM: Phoenix North / Central</strong></td>
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<td>7:00-8:30 pm</td>
<td>Continental Breakfast with Exhibitors</td>
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<td>8:30-9:45 am</td>
<td>Morning Keynote: Key Findings from the Kirby Summit on Adolescent Relationships&lt;br&gt;<strong>ROOM: Phoenix North / Central</strong></td>
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<td>9:45-10:00 am</td>
<td>Break with Exhibitors</td>
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<td>10:00-11:00 am</td>
<td>Giving African American Teenage Males a Bigger Emotional Tool Box&lt;br&gt;<strong>ROOM: deZavala</strong>&lt;br&gt;Influencing Sex Education Locality: Speaking School Board and SHAC Language&lt;br&gt;<strong>ROOM: Austin</strong>&lt;br&gt;“Abstinence-Plus” in Rural/Border Hispanic Communities: Making it Work&lt;br&gt;<strong>ROOM: Dovers</strong>&lt;br&gt;Acknowledging the Reproductive Health Rights of Teens: How to Counsel and Refer Teens in Texas&lt;br&gt;<strong>ROOM: Phoenix South</strong></td>
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<td>11:00-11:15 am</td>
<td>Lunch (Provided) / Awards Presentation&lt;br&gt;<strong>ROOM: Phoenix North / Central</strong></td>
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<td>11:15-12:00 pm</td>
<td>Keynote: Women’s Health Update in Texas&lt;br&gt;Lesley French, JD, Health and Human Services Commission&lt;br&gt;<strong>ROOM: Phoenix North / Central</strong></td>
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<td>12:00-1:00 pm</td>
<td>Break with Exhibitors</td>
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<td>1:00-1:15 pm</td>
<td>Final Break with Exhibitors</td>
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<td>1:15-2:45 pm</td>
<td>Reproductive Coercion: Connecting the Dots Between Intimate Partner Sexual Violence and Teen Pregnancy&lt;br&gt;<strong>ROOM: Dovers</strong>&lt;br&gt;Parents as Partners: Helping Parenting Adults Be Their Teen’s Go-To Resource for Answers and Advice&lt;br&gt;<strong>ROOM: Austin</strong>&lt;br&gt;Creating an Opportunity Community AND Implementing Evidence-Based Sexual Health Programs in South Texas Schools&lt;br&gt;<strong>ROOM: deZavala</strong>&lt;br&gt;Process and Outcome in the Development of the Adolescent Self: Dealing with Anger, Drinking, Drugs, and Premature Sex&lt;br&gt;<strong>ROOM: Phoenix South</strong></td>
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<tr>
<td>2:45-3:00 pm</td>
<td>Break</td>
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<td>3:00-4:30 pm</td>
<td>Closing Keynote: Behind the Mask -- How to Make Community Change Happen!&lt;br&gt;Ashanti Branch, MEd, The Ever Forward Club&lt;br&gt;<strong>ROOM: Phoenix North / Central</strong></td>
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MONDAY, APRIL 16TH

8:30 AM - 8:45 AM
Welcome/Opening Remarks

Room: Phoenix North / Central
Cynthia Osborne, PhD, MPP, MA
University of Texas at Austin, Child and Family Research Partnership
Board Chair, Texas Campaign to Prevent Teen Pregnancy

8:45 AM - 10:00 AM
Opening Keynote

Ordinary Acts of Courage Create Resilient Communities
Room: Phoenix North / Central
Allison Sampson-Jackson, PhD, LCSW, CSOTP, LICSW | Integration Solutions, Inc.

Dr. Brené Brown reminds us that change most often comes from ordinary acts of courage, and not monumental events. This can be such an important approach, especially when interacting with youth. Once we understand Trauma Informed Care, once we get excited about the ways in which it changes the lens through which we understand so many youth’s behaviors with whom we work, once we are “all in”, we then often pause and think, “but where do we start, this seems so big!” This plenary will focus us on the impact of Adverse Childhood Experiences (ACEs), illustrate statewide and community responses to building resilience in children and parents, and via the work of Dr. Brené Brown, discuss the vulnerability it will take each of us to walk into the arena and bravely change the way in which we and our systems engage with youth, families and each other.

10:30 AM - 11:30 AM
Breakout Sessions

Two Part Session
Part 1: The Role of Culture and Context in Hispanic/Latina Teens’ Reproductive Experience
Room: Austin
Mónica Alzate, PhD, LCSW | Baylor College of Medicine
Susy Villegas, PhD, LCSW | University of Texas Rio Grande Valley

Although overall births to adolescents have dramatically declined across the nation over the past decade, the trend does not hold true for Hispanic/Latina teens. One in three Hispanic/Latina teens, compared to one in four teens, will become pregnant by age 20. Furthermore, there is a great geographical variation in the risk of adolescents’ unplanned pregnancy and birth. This presentation focuses on the findings of a Community Based Participatory Research (CBPR) study that examined how cultural and contextual factors impact Hispanic/Latina teens’ experiences with pregnancy and birth. Attendees will learn about specific contextual factors that align with certain cultural values and practices that increase the risk of unplanned pregnancy.

Part 2: A Model for Health Care Practitioners Regarding LARC (Long Acting Reversible Contraceptive)
Room: Austin
Janis Feldman, PhD, LCSW, ACSW | University of Texas Rio Grande Valley
Susy Villegas, PhD, LCSW | University of Texas Rio Grande Valley

While health care practitioners are considered integral in dealing with adolescent pregnancy, there is a dearth of practice-based knowledge and literature on assisting these practitioners with culturally competent issues related to birth control as many programs focus on abstinence. This presentation will address a neglected area in teen pregnancy that focuses on practitioners. We will reveal results of a survey of attendants at the Texas Campaign to Prevent Teen Pregnancy’s 2017 Symposium and also highlight a number of case studies. The goal of this session is to stimulate the audience to discuss issues of contraceptives, so they can be better adept at having clear, direct, culturally attuned conversations with their clients.
Check Your Assumptions!
Strategies for Challenging Perceptions of Young People & Growing Positive Youth-Adult Relationships
*Room: Phoenix South*

Tracy Parks | EngenderHealth
Peer Educators: Melissa Arredondo, Isabel Campos, Briana Fluke, Angie Marshall

Making assumptions are a part of human nature, but what are the implications of this within adolescent sexual reproductive health initiatives and peer education models? In this session, participants will engage in highly reflective conversations about their own experiences with assumptions from two perspectives: assumptions they have made about youth and those that have been made about themselves. Speakers will challenge participants to consider the effects of these assumptions in their own work and provide ways to shift individual and organizational thinking in order to better empower youth. Content will be drawn from EngenderHealth publications and materials, developed in partnership with youth in the Austin area community, which cover: sexual and reproductive health, gender identity, and comprehensive youth engagement.

Everyone Loves Birth Control
*Room: deZavala*

Katherine Suellentrop, MPH | Power to Decide: The Campaign to Prevent Unplanned Pregnancy

Why is there a disconnect between an interest in avoiding unplanned pregnancy and consistent use of birth control? Findings from in-depth research with young women about how they want to hear about birth control methods, data on existing knowledge gaps related to birth control, and polling data with adults about their attitudes toward birth control will be presented during this session. In addition, new data from safety net providers highlighting contraceptive deserts across Texas will be discussed. Deserts are counties in which women have limited access to the full range of birth control methods, in particular IUDs and the implant. Participants will hear potential solutions to the challenges through a policy and systems change framework, Better Birth Control, which is designed to increase supply of and demand for the full range of birth control methods.

Make Your Voice Heard:
How to Educate, Advocate and Influence Public Policy
*Room: Robertson*

Jen Biundo, MPAff | The Texas Campaign To Prevention Teen Pregnancy
Christine Yanas | Methodist Healthcare Ministries of South Texas, Inc.

Afraid to approach policymakers because you’re not a “professional lobbyist?” You can influence public policy, and we will show you how.

This session will give practical guidance on how to effectively advocate for your work or cause at the local, state, or national level. The speakers will provide a short overview of how policy is made, review information about important Internal Revenue Service (IRS) guidelines that impact advocacy and provide real-world examples of working with lawmakers or media to create real change. Participants will walk away with a tool kit of resources, tips, and important information to guide them in forming relationships with policymakers, communicate personal and local stories, and effectively advocate for best practices and solutions. Whether a participant considers her or himself a seasoned policy professional or is just passionate about her or his work or cause, this session will provide useful and actionable insights.

11:30 AM - 12:30 PM
Lunch

Networking Lunch
*Room: Phoenix North / Central*

Coalition Lunch - Invitation Only
*Room: Phoenix South*
Presentation by SUMA Social Marketing

Legislative Staff Lunch - Invitation Only
*Room: deWitt*

12:45 PM - 1:45 PM
Breakout Sessions

Intellectual Disability and Sexuality
*Room: Robertson*

Nick Winges-Yanez, LMSW | University of Texas at Austin, Texas Center for Disability Studies

Many people labeled with Intellectual and/or developmental disability (IDD) find access to accurate sexual information difficult. The session will begin with a brief overview of the history of sexuality and intellectual disability in the 20th century. Participants will learn of myths associated with IDD and sexuality that persist today. Many school curricula provide limited information and family members are unsure how to talk about sexuality with their child. Siblings can be a resource for information and advocacy. Through work with the Texas Sibling Network, the speaker has provided training and education for siblings on this topic. Through discussions and small group activities, participants will discover approaches to use in order to have effective and accurate conversations about sexuality as well as obtain resources for future use.
Supporting Student Success Through A Campus Sexual Health Program

Room: Austin

Brittney Criswell, MPH, CHES | Thrive
Katherine Suellentrop, MPH | Power to Decide: The Campaign to Prevent Unplanned Pregnancy

Colleges and universities have a vested interest in improving student retention and completion. Unfortunately, college age adults (18-24) experience high rates of unplanned pregnancy and sexually transmitted infections. In Texas, more than two-thirds of all teen pregnancies occur in 18-19-year-olds. Working with community colleges and universities to address sexual health can help increase student success and is also an important avenue for reaching young people in this age group. This session will present best practices for addressing sexual health on a college campus. More specifically, during this interactive session, participants will learn more about how to partner with colleges to address sexual health, the tools and resources available to support this work using a policy and systems framework, and lessons learned from this work across the country.

What’s Trauma Got To Do With It?

Room: Phoenix South

Allison Sampson-Jackson, PhD, LCSW, CSOTP, LICSW | Integration Solutions, Inc.

More than 70 percent of adults in the country have experienced some type of traumatic event at least once in their lives. Adverse childhood studies show that many of these traumas occur before age 18 and result in disrupted brain development, adoption of at-risk health behaviors, and increased risk for disease, disability, and social problems in children and adults. Evidence has shown that by implementing trauma-informed practices within all human service systems impacting youth, adults, and their families, individuals are empowered to build their resilience and enhance their overall health and well-being.

Trauma-informed care asks all human service professionals to realize the widespread impact of trauma, recognize the signs and symptoms of trauma, and respond by integrating trauma informed knowledge into all policies, procedures, and practices. This session will define child traumatic stress, including types of traumatic stress that can exist among children, the impact of trauma on the developing brain across developmental stages, and behavioral manifestations related to traumatic experiences. Approaches for integration of Adverse Childhood Experiences (ACES) in child and adult treatment and case planning will be explored, as well as how professionals can integrate resilience replacement coping techniques within the fabric of their approaches to helping consumers enhance their well-being.

Fostering Healthy Outcomes: Ensuring Effective Solutions for Youth in Conservatorship

Room: deZavala

Adriana Kohler, JD | Texans Care for Children
Kate Murphy, JD | Texans Care for Children

For youth in foster care, trauma, instability, and inconsistent services often create barriers to success. One vulnerability is a greater likelihood of becoming a teen parent. Texans Care for Children has used various research methods, including analyzing state data and conducting surveys and focus groups with young adults formerly in foster care, health providers, and caseworkers, to identify current issues and gaps that hinder many foster youths from accessing age-appropriate, trauma-informed resources on family planning and healthy relationships. Presenters will share research findings on prevalence of teen pregnancy and health care access among Texas foster youth, gaps in services and supports, best practices to reduce unintended pregnancy, programs to support parenting foster youth, and key state policy opportunities. Participants will have the opportunity to share feedback, raise additional challenges and concerns, discuss best practices in their communities, and policy options.

2:00 PM - 3:00 PM Breakout Sessions

Adolescent Advocacy through Photovoice: A Dallas County Teen Pregnancy Prevention Needs Assessment

Room: Robertson

Mandy Golman, PhD, MCHES | Texas Woman’s University
Veronica Whitehead, Med, MCHES | North Texas Alliance to Reduce Unintended Pregnancy in Teens (NTARUPT)

As part of a community-based participatory research project, adolescents in Dallas County were asked to collaborate in Photovoice to share their perceptions and experiences related to teenage pregnancy. Presenters will share information about the needs assessment conducted by Texas Woman’s University to gain a better understanding of the barriers and needs in Dallas County related to teen pregnancy prevention services. Participants will hear the details of this promising practice, as well as strategies to guide adolescents in discussing their photo selection and ways to empower them to become a voice for their community.

Youth Informed Sexual Health Education

Room: Phoenix South

Jennifer Farmer, MS, CHES | Texas A&M University
Kelly Wilson, PhD, MCHES | Texas A&M University

How can youth gain a voice regarding their sexual health education needs and interests? Presenters will relate clear themes that emerged from
youth during a dissertation research project. Participants will receive a clear understanding of the benefit and need for youth participatory research. In addition, presenters will reveal the survey development process, including how youth and the National Sexuality Education Standards were used to inform survey items. Key findings related to pregnancy, reproduction, healthy relationships, identity, and personal safety, as well as how support of specific concepts varies based on student characteristics will be presented regarding this survey conducted in four Austin ISD schools.

Prevalence of Health-Risk Behaviors Among Sexual Minority Youth in Texas

Room: Austin

Lucas Espinoza, PhD, CERT, MS, MA, BA, BS | University of Texas at Rio Grande Valley
Luis Enrique Espinoza, PhD, MPH, CHES, CPH | Texas Woman’s University

Sexual Minority Youth (SMY) face increased risk for negative health outcomes throughout their lifespan. Proposed strategies to reduce discrimination and create positive school environments for SMY will be discussed during this session. Presenters will reveal findings from the 2015 National Youth Risk Behavior Survey (YRBS) conducted in two large school districts in Texas: Fort Worth (2,604) and Houston (3,077). In 2015, all participants were asked to self-identify their sexual identity and sex of sexual contacts in the national and standard questionnaires. SMY included high school students in grades 9 through 12 who identified as gay, lesbian, bisexual, or at the time of survey completion were ‘not sure’ of their sexual identity. Since individuals may not be prepared to self-identify as lesbian, gay or bisexual, SMY were also identified as individuals who reported sexual contact with their same sex or both sexes.

Pregnancy and LARC Use Among Adolescents and Young Adults

Room: deZavala

Allyssa Abacan, MPH | Baylor College of Medicine
Kimberly Johnson, DrPH | University of Texas School of Public Health

What can be done to better educate teens on LARC use? Baylor Teen Health Clinics (BTHC) will present data being compiled that highlights the need to promote long-acting reversible contraceptives (LARC) since this could play a role in decreasing pregnancy rates over time. Starting in 2007, BTHC provided pregnancy testing and contraceptives such as oral contraceptive pills (OCPs), the shot (Depo-Provera), and implant and intrauterine device (IUD). LARCs were added to the clinic formulary in 2008. The clinic staff is observing changes in pregnancy rate trends relative to hormonal contraception uptake from 2007-2016. Uptake for more effective contraceptive methods overall increased from 2007-2016. UTHealth will share insight on lessons learned from We Can Do More, a multi-partner initiative to improve contraception access for teens and young women living in disadvantaged communities experiencing disparate teen birth rates. This talk will cover efforts to train and educate health service professionals on how to better counsel and respond to the needs of vulnerable adolescents, confronting bias and understanding the need for patient-centered contraception counseling.

Panel: Disparities in Reproductive Health Outcomes

Room: Phoenix North / Central

Moderator: Cynthia Osborne, PhD, MPP, MA | University of Texas at Austin, Child and Family Research Partnership
Nancy Cardenas | National Latina Institute for Reproductive Health
Wendy Davis, Former State Senator | Deeds Not Words
Moss Hampton, MD, FACOG | Texas Tech University Health Sciences Center
Shawn Thierry | Texas House of Representatives for House District 146

Even as other health indicators improve, huge racial disparities in outcomes are still evident regarding reproductive services. African American and Hispanic teens are significantly more likely than their white counterparts to get pregnant. A black woman in America is more likely to die in childbirth than women in many developing nations. These racial disparities persist across the full experience of child and maternal health in America and are evident even when controlling for characteristics such as education and income. This session features a panel with expertise around teen pregnancy and births; contraceptive access; reproductive coercion; maternal mortality and morbidity; premature and low birth rate; and overall health equity. The panel will explore the sobering current reality, but also examine hopeful endeavors underway to improve reproductive outcomes for all women and close the gap.
salutes

The Texas Campaign to Prevent Teen Pregnancy’s 7th Annual Symposium

For more than 90 years, St. David’s has been providing top notch care for Central Texas families. In 2018, St. David’s Foundation plans to invest $70M in organizations and clinics who are helping us make this the healthiest community in the world.

Left to right: A St. David’s Neal Kocurek Scholar studies at UT; volunteers with Texas Ramp Project help construct a ramp for an elderly neighbor; a St. David’s Dental Program dental assistant teaches proper brushing techniques; Meals on Wheels workers create thousands of meals a day.
Influencing Sex Education Locally: Speaking School Board and School Health Advisory Council (SHAC) Language

David Wiley, PhD, MCHES | Texas State University

Though there are some restrictions at the state level, decisions about sex education are largely determined locally. The purpose of this presentation is to educate participants on how to address sex education with local school board members, as well as how to become involved with their respective School Health Advisory Council (SHAC). To be covered are the different types of school board members, effective methods of communication, and how to develop Health Champions on the board of trustees. Also to be discussed is the role of the SHAC, how to become a member of the SHAC, and resources available to help SHAC members make evidence-based decisions about sexuality education curricula.

“Abstinence-Plus” in Rural/Border Hispanic Communities: Making It Work

Room: Dovers

Janet Realini, MD, MPH | Healthy Futures of Texas
Bethany Evans, MPH, CHES | Healthy Futures of Texas
René González, MA | Healthy Futures of Texas
Monica Rivera, MS | Healthy Futures of Texas

The Big Decisions project in rural and border communities in southwest Texas is creating a newly-informed generation of students (and their parents) with the knowledge and skills to make healthy and informed choices about sex and relationships. Using an “abstinence-plus” frame has empowered conservative communities to adopt a more comprehensive approach, in locales where schools, like families, have had historical difficulty talking about sex at all. The curriculum empowers youth with knowledge and skills regarding relationships, setting and defending limits, minimizing sexual health risks, and life planning. Key Conversations (Big Decisions’ program for parents) empowers parents to support and monitor their teens, and to communicate with their teens about sex. This panel will discuss the challenges and rewards of this project—and of implementing the curriculum. Speakers will include the author of the curriculum (and PI of the study), the Project Director, teachers, and the school district staff who served as district coordinators of the project.

Acknowledging the Reproductive Health Rights of Teens: How to Counsel and Refer Teens in Texas

Room: Phoenix South

Stephanie LeBleu, MSW | Women’s Health and Family Planning of Texas
Amanda Bennett | Jane’s Due Process

Determining the path to counsel and refer teens in Texas regarding their reproductive rights can seem like a maze. This session’s speakers will assist attendees in this area, with a focus on confidential access to reproductive healthcare. Beginning with a values clarification exercise, attendees will work to identify their own biases. Participants will explore the legal rights teens have in making individual reproductive health decisions. Presenters will conduct role play scenarios to assist attendants with skill building in these topic areas. The speakers will also reveal existing resources and referral options for teens with expressed reproductive health needs. By the end of the session, attendees will feel comfortable articulating what legal rights teens have in Texas to make reproductive health decisions and obtain skills to appropriately communicate that information.
11:30 AM - 1:00 PM

Luncheon Keynote

Women’s Health Update in Texas
Room: Phoenix North / Central
Lesley French, JD | Health and Human Services Commission
In 2015, Texas had the 5th highest teen birth rate in the country, with more than 32,500 teens giving birth. Additionally, the state has the highest rate of repeat teen pregnancy nationwide – more than 17 percent of Texas teens who give birth have already had at least one child. In this keynote presentation, Texas Health and Human Services Commission (HHSC) Associate Commissioner Lesley French will provide an overview of historical and current teenage pregnancy rates in Texas and provide an overview of the women’s health programs that are working to make a difference, including the Healthy Texas Women and Family Planning programs. In addition, Commissioner French will discuss the various outreach and partnership strategies that HHSC maintains aimed at reaching young women seeking women’s health and family planning services.

1:15 PM - 2:45 PM

Breakout Sessions

Reproductive Coercion: Connecting the Dots Between Intimate Partner Sexual Violence and Teen Pregnancy
Room: Dovers
Amanda Lewis | University of Texas
Sarah Nesbitt | Texas Council on Family Violence
Utilizing the latest research, session speakers will define reproductive coercion, including warning signs and the relationship dynamics that often accompany them. Presenters will convey the prevalence of reproductive coercion among teens and young adults, with a careful focus on the compounding effect of marginalized identities. They will showcase evidence-based practices for intimate partner violence prevention and explore the role of age-appropriate, comprehensive sex education in empowering teens to establish healthy sexual relationships. Participants will be armed with the knowledge to make informed referrals to community resources, with basic safety planning skills for use with young people experiencing reproductive coercion, and with information on young people’s legal rights in these situations.

Parents as Partners: Helping Parenting Adults Be Their Teen’s Go-To Resource for Answers and Advice
Room: Austin
Helen Schafer | Planned Parenthood of Greater Texas
Katie Wolfe, LMSW | Planned Parenthood of Greater Texas
Research confirms that kids and teens who have regular conversations with their parents and caregivers about sex and relationships are less likely to take risks with their sexual health, and more likely to be healthy and safe. Join this session’s presenters as they explore the impact of adult-child communication on teen sexual behavior. Participants will learn tools to identify teachable moments and hear lessons learned from Planned Parenthood of Greater Texas’s award-winning Talk First! Program, an innovative bilingual education program for parents that provides them with tools and resources to start having conversations about sexuality with their children.

Two Part Session

Part 1: Creating an Opportunity Community
Room: deZavala
Raul Rodarte-Suto, Teen Pregnancy Prevention Coalition | United Way of Amarillo & Canyon
Creating an Opportunity Community is a poverty prevention presentation which shows a correlation between teen pregnancy and poverty. Within their community, participants must first learn to speak within the types of poverty to better relate to the families they serve. Once that is achieved, participants can better provide families with prevention tools. Research shows that if youth avoid pregnancy (until living in a two-income household or marriage), finish high school, and work full time they have the highest opportunity to live above the poverty line. Teen pregnancy prevention then becomes a most valuable component in the fight against poverty.

Part 2: Implementing Evidence-Based Sexual Health Programs in South Texas Schools: Current Practices and Challenges
Room: deZavala
Belinda Hernandez, PhD | University of Texas Health Science Center at Houston School of Public Health
Teen pregnancy continues to be a public health problem, particularly in South Texas. Though schools can be an ideal setting for implementing sexual health evidence-based programs (EBPs) to help reduce teen birth rates, implementing sexual health EBPs in schools can be a challenging process. To better understand the current practices related to sexual health education and the challenges South Texas school districts are experiencing, the presenter conducted a study with district administrators, teachers, and nurses, representing 28 school districts and charter schools in South Texas. Over half of the districts surveyed were currently not implementing a sexual health EBP. The most common reported challenge to implementing an EBP was concern about parents’...
reactions. Since implementation of sexual health EBPs in South Texas is limited, the session will address innovative strategies that address these challenges.

**Process and Outcome in the Development of the Adolescent Self: Dealing with Anger, Drinking, Drugs and Premature Sex**

*Room: Phoenix South*

Robert Adelman, PhD, LPC, LMFT | Sundown Ranch, Inc.

While adolescence is an exciting time for young people, they also face more opportunities to experience failure than ever before -- especially if they lack coping skills to put temporary failures into perspective. When teens feel thwarted in their self-development, they often demonstrate anger or negativity, turn to alcohol or substance abuse for diversion, or engage in sexual relations for distraction, which may result in pregnancy. The Rational Emotive Behavior Therapy Model (REBT) model can be used to further explore and challenge the beliefs that help the adolescent work on the reconstruction of more effective, more realistic, self-statements that are potentially uplifting, and which help them to stay focused on their longer-term goals.

**3:00 PM - 4:30 PM**

**Closing Keynote**

**Behind the Mask: How to Make Community Change Happen!**

*Room: Phoenix North / Central*

Ashanti Branch, MEd | The Ever Forward Club

Can we share our authentic selves while negotiating the often-rigid pressure of cultural roles? There is surprising power in unveiling what we often hide, deny, repress or ignore. What if we showed the world what’s behind our masks? The Ever Forward Club and Ashanti Branch were featured in the documentary, “The Mask You Live In,” which premiered at the 2015 Sundance Film Festival. The documentary followed boys and young men as they struggle to stay true to themselves while negotiating America’s limited definition of masculinity. Following the documentary distribution, Mr. Branch developed a workshop “Taking Off The Mask” that helps to unlock organizational potential by cultivating emotional intelligence and psychological safety in the workplace. In the closing keynote, Mr. Branch will present highlights of his workshop, challenging attendees to reconsider how to shed their mask and transform the way they interact with and relate to each other to make community change happen.
POST-SYMPOSIUM WORKSHOPS

Relationships Matter: Navigating Adolescent Relationships
Room: deWitt
Karin Coyle, PhD | ETR Associates
9 am to 3 pm - Spots Available
Wednesday, April 18

This workshop will share research on the importance of relationships in adolescent development, including with peers, parents, and romantic partners. Attendees will explore relationship education programs (including dating violence programs) and social emotional learning programs, and examine four approaches to incorporating relationship content in pregnancy prevention or health education programs (developmental, reframing, drawing from the literature, and using youth voice). Speakers will share how to add relationship content to existing programming, as well as discuss social media and its influence on relationship development. Attendees will practice addressing common and sensitive relationship questions from youth in a way to preserve autonomy and receive resources for promoting quality relationships.

Karin Coyle, PhD
Chief Science Officer | ETR Associates
Refer to page 19 for biographical information.

Design Thinking in Teen Pregnancy Prevention
Room: Austin/Dover
Jennifer Farmer, MS, CHES | Texas A&M University
Kelly Wilson, PhD, MCHES | Texas A&M University
Two-Days: 8 am to 5 pm - Workshop FULL
Wednesday, April 18 & Thursday, April 19

This can’t miss professional development opportunity hosted by Texas A&M University’s iTP3 team is designed to provide public health, health education, and social work professionals with hands-on experience applying design thinking to teen pregnancy prevention.

Design thinking is a practical, creative, and fast-paced process for solving problems. Rooted in empathy, design thinking begins with developing a deep understanding of the end user and the core problems that need to be addressed. Another unique feature of design thinking is its ability to promote new ways of thinking and exploring new alternatives, often resulting in solutions that were not previously evident!

Over the course of this two-day post conference workshop, participants will work together through a guided design thinking process to gain a deeper understanding of teen pregnancy within their community and begin exploring potential solutions.

Jennifer Farmer, MS, CHES
iTP3 Program | Texas A&M University
Refer to page 19 for biographical information.

Kelly Wilson, PhD, CHES
Associate Professor, Health and Kinesiology | Department of Kinesiology, Texas A&M University
Refer to page 22 for biographical information.

How to Be a Better Advocate: Crafting and Telling Your Story
Room: Robertson
Courtney Weaver | Texas Association of Community Health Centers
9 am to 3 pm - Spots Available
Wednesday, April 18

Whether you are talking to your neighbor or a legislator, the ability to effectively and persuasively communicate about an issue is a valuable asset for every professional. In this workshop, we’ll provide a practical, hands-on look at how each of us, as citizens, can impact the world around us by focusing on what to say and how to say it.

We will help you identify your policy goals and craft an advocacy plan that includes the right audience, the right message and the right communications vehicles to deliver it. When you are armed with an effective advocacy plan, you can be a part of the conversation, influence the decision-making process and achieve your communication and policy goals.

Because people learn by doing, not just hearing, we will work to make the session interactive with opportunities to practice newly found skills. You will walk away feeling more confident and capable of delivering your message to the media, with key stakeholders and policymakers, and to any other audiences you encounter.

Courtney Weaver
Civic Engagement Director | Texas Association of Community Health Centers

Courtney Weaver is TACHC’s civic engagement director and is responsible for working with health center leaders, patients and community advocates on critical health policy issues impacting health centers, including closing the coverage gap. Courtney comes to TACHC from the Texas Health and Human Services Commission (HHSC), Medicaid/CHIP Division. Before her work at HHSC, Courtney had an array of experiences in advocacy and organizing, including political organizing at the American Federation of State, County and Municipal Employees during the Affordable Care Act campaign in 2010. She worked in four states to educate and organize around health reform. Courtney has a B.A. in political science and history of public policy and Master of Public Affairs and Master of Science in Social Work.
Allyssa Abacan, MPH
Lead Project Coordinator | Baylor College of Medicine

Allyssa Abacan is the Lead Project Coordinator for Baylor Teen Health Clinics. She has specialized knowledge in program management, specifically for sexual and reproductive health services. She has experience in developing system capacity through program implementation, monitoring and evaluation. Experience includes managing the clinic’s DSRIP program and CMSs’ Meaningful Use Incentive, assisting in grant writing, monitoring and reporting, and conducting data analyses to better understand clinic needs and develop best strategies to improve patient outcomes.

Robert Adelman, PhD, LPC, LMFT
Consulting Psychologist | Sundown Ranch, Inc.

Dr. Robert Adelman is a licensed psychologist in Texas in private practice, and has maintained a consulting contract with Sundown Ranch, Inc. (SRI) for more than 20 years. His services at SRI have involved psychological testing, staff training and supervision in Rational Emotive Behavior Therapy Model (REBT), and the direct service of psychotherapy. He is the author of several journal publications, authored a commercial training product on REBT, and has completed research on the effectiveness of REBT in addressing anger control with “untreatable” adolescents, and was personally trained in REBT by Albert Ellis. He maintains membership in several professional associations: American Psychological Association; Texas Psychological Association; and the Society for Psychotherapy Research for which he was a founding member of the SPR Interest Section on Therapist Training and Development.

Mónica Alzate, PhD, LCSW
Assistant Professor | Baylor College of Medicine

Mónica M. Alzate, PhD, LCSW, MA is an Assistant Professor in the Department of Family and Community Medicine at Baylor College of Medicine in Houston. Her research and publications have focused mainly on reproductive health and rights, including the role of sexual and reproductive rights in social work practice and teen pregnancy in Colombia, among other publications. She provides mental health services to adults from diverse backgrounds and ethnicities, conducts trainings on behavioral health, and implements service grants.

Amanda Bennett
Client Services Manager | Jane’s Due Process

Amanda Bennett joined Jane’s Due Process as the hotline coordinator and case manager in July 2016. Prior to joining Jane’s Due Process, Amanda worked as the Intake Hotline Coordinator for Fund Texas Choice, a practical assistance abortion fund. She also interned with NARAL Pro-Choice Texas during the 2015 legislative session. In May 2016, she earned her Masters in Global Policy Studies from the Lyndon B. Johnson School of Public Affairs at the University of Texas at Austin and her B.A. in 2014 from the University of Chicago.

Jen Biundo, MPAff
The Texas Campaign To Prevention Teen Pregnancy

A statistics wonk who loves few things more than a good data visualization, Jen works to develop evidence-based public policy priorities and foster collaboration with stakeholders and partners throughout the state. Jen started her career as a small town newspaper reporter and managing editor. After clocking thousands of hours covering city council and school board meetings, she decided to shift from an observer to a shaper of public policy and earned a master’s degree from the LBJ School of Public Affairs at the University of Texas at Austin. She served for five years as a data and budget analyst for the Legislative Health and Human Services Committee, focusing on health and human services and public education.

Ashanti Branch, MEd
Founder and Executive Director | The Ever Forward Club

Ashanti Branch, born and raised by a single mother on welfare, took the road less traveled to get out of the ghetto and attended one of California’s premier engineering colleges, California Polytechnic – San Luis Obispo. Mr. Branch studied civil engineering and worked as a construction project manager but after tutoring struggling students, he realized his true passion was teaching. In 2004, he started the Ever Forward Club to provide support for African-American and Latino males who were not achieving their true potential. The Ever Forward Club now serves both men and women, and is proud to boast that 100 percent of its members graduate high school while 93 percent attend college.

Nancy Cardenas
Texas LAN Director for State Policy and Advocacy | National Latina Institute for Reproductive Health

As the National Latina Institute for Reproductive Health (NLIRH) Associate Director for State Policy and Advocacy, Nancy Cardenas’ work focuses on the development and execution of NLIRH’s advocacy and organizing strategies state-wide. Specifically, Nancy’s work focuses on the protection of reproductive health and rights of Latinas, specifically the Rio Grande Valley, and the Texas state policy agenda recognizing the intersection of immigration and reproductive healthcare. Prior to NLIRH, Nancy worked for the city of McAllen and the city of Austin specializing in reproductive healthcare, immigration, social justice, and utility affordability issues. While working as the Constituent Services Director, Nancy advocated on all levels of government on behalf of issues affecting marginalized communities in Texas. Her advocacy has led her to testify in front of the Senate and House committees, meet with critical stakeholder groups, and play a role in bringing the Rio Grande Valley to the table. Nancy also sits on the board of the Dream Home and NARAL Pro-Choice Texas.

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**PRESENTERS**

**Karin Coyle, PhD**  
Chief Science Officer | ETR Associates

Serving as the Chief Science Officer at ETR, Dr. Karin Coyle specializes in the development and evaluation of health promotion programs, particularly HIV, other STD, and pregnancy prevention programs. She currently serves as the principal investigator on multiple randomized trials, including a middle school randomized trial that is testing the efficacy of a curriculum and social norms program focusing on adolescent relationships and related sexual behaviors (You-Me-Us), and a replication study of an evidenced-based middle school program entitled It’s Your Game. She also plays a lead role in several other evaluation projects.

**Brittney Criswell, MPH, CHES**  
Thrive: Sexual Health Collective for Youth

Brittney Criswell, MPH, CHES, currently serves as the Program Director for Thrive: Sexual Health Collective for Youth. As Program Director, Brittney leads and advises the Thrive collaboration in teen pregnancy prevention efforts in central Oklahoma. Working in conjunction with public and private partners, Brittney ensures that all of central Oklahoma’s leaders in sexual health work together effectively to serve our youth.

**Wendy Davis, Former State Senator**  
Founder and Executive Director | Deeds Not Words

Known for her 13-hour filibuster in the Texas State Senate, Wendy Davis is a tenacious champion for women’s rights. She founded Deeds Not Words, a feminist platform for the 21st century, to give women the tools to make real progress. Combining both in-person trainings and digital advocacy, their recent pilot programs trained high school and college students to advocate for state-level legislation, which contributed to the passing of seven state laws.

**Janis Feldman, PhD, LCSW, ACSW**  
Associate Professor | University of Texas at Rio Grande Valley

An associate professor at The University of Texas at Rio Grande Valley, Dr. Feldman was a founding member and president of the Rio Grande Valley Teen Pregnancy Prevention Coalition. She has published and presented on teen pregnancy in Turkey, Germany, China as well as nationally and locally. Additionally, she is a practicing psychotherapist and has her clinical license in Texas and Florida. She received her PhD in Social Work from Barry University, FL.

**Lesley French, JD**  
Associate Commissioner of Health, Developmental, and Independence Services | Texas Health and Human Services Commission

As Associate Commissioner of the Health, Developmental, and Independence Services Department at the Texas Health and Human Services Commission, Lesley French manages 38 programs, which serve clients from birth to end of life. These programs serve as a safety net for providing critical health services to families in need. Lesley has worked in state government for almost 20 years in all three branches of government. She was previously the Director of the Women’s Health Services Division and the Office of Women’s Health at the Department of State Health Services.

**Bethany Evans, MPH, CHES**  
Health Education Program Manager | Healthy Futures of Texas

Bethany Evans, MPH, CHES, started out as a Health Educator at Healthy Futures of Texas in the Fall of 2013, and soon transitioned into the Program Coordinator position for HFTX for two years. In January 2017, she was promoted to the Program Manager position. During her time, she has worked closely with two large school districts within San Antonio on implementing two different evidence-based sexual health programs, as part of the 1115 Medicaid Waiver grant, and with several community agencies. More recently, she is working closely with the Health Education program team on expanding direct services, training and technical assistance, and disseminating Big Decisions to counties beyond Bexar County and throughout the state.

**Jennifer Farmer, MS, CHES**  
iTP3 Program | Texas A&M University

Jennifer Farmer, MS, CHES, is dedicated to improving adolescent health and wellbeing, specifically as it relates to advocating for youth voice and the sexual health education needs and interests of youth. Along with the iT3 team, she is currently working to promote and support the development of innovative teen pregnancy prevention programs. Jennifer received her Master’s in Health Education and is currently a doctoral candidate in the Health Education program at Texas A&M University.

**Karin Coyle, PhD**  
Chief Science Officer | ETR Associates

Serving as the Chief Science Officer at ETR, Dr. Karin Coyle specializes in the development and evaluation of health promotion programs, particularly HIV, other STD, and pregnancy prevention programs. She currently serves as the principal investigator on multiple randomized trials, including a middle school randomized trial that is testing the efficacy of a curriculum and social norms program focusing on adolescent relationships and related sexual behaviors (You-Me-Us), and a replication study of an evidenced-based middle school program entitled It’s Your Game. She also plays a lead role in several other evaluation projects.

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Moss Hampton, MD, FACOG
Regional Chairman, Department of Obstetrics and Gynecology | Texas Tech University Health Sciences Center

Dr. R. Moss Hampton is a native of West Texas. He received his medical degree at Texas Tech University Health Sciences Center (TTUHSC) in Lubbock and completed his residency training there in Obstetrics and Gynecology in 1984. In 1995, after spending 11 years in private practice, he began his career in academic medicine with TTUHSC in Amarillo, Texas. Since 2006, he has been the Chair of the Department of Obstetrics and Gynecology at TTUHSC of the Permian Basin in Odessa, Texas. Dr. Hampton has a long history of involvement in organized medicine. He has been an active member in the Texas Medical Association, the Texas Association of Obstetricians and Gynecologists (TAOG), and District XI (Texas) of the American Congress of Obstetricians and Gynecologists (ACOG). He served as Chair of ACOG District XI from 2013-16. He currently serves on the state Maternal-Child Health Committee for the March of Dimes, the Texas Collaborative for Healthy Mothers and Babies, the Texas Medical Association Foundation Board and the Texas Campaign to Prevent Teen Pregnancy.

Mandy Golman, PhD, MCHES
Associate Professor | Texas Woman’s University

Mandy Golman, PhD, MS, MCHES, is an Associate Professor in the Health Studies Department at Texas Woman’s University and is a multi-faceted educator, researcher, trainer, and consultant whose work spans the health spectrum to include women’s wellness, eating disorder prevention, teen pregnancy, parenting, adolescent sexuality, nutrition, and the importance of positive body image. Dr. Golman is the Principal Investigator and evaluator on several grants, including a $4.9 million grant from the Office of Adolescent Health.

René A. González, MA
Program Director | Healthy Futures of Texas

René A. González is the Program Director for the Big Decisions Tier2B grant from the Office of Adolescent Health of the U.S. Department of Health and Human Services. Before joining the Healthy Futures of Texas Team Rene worked for the BCFS Community Services Division and at the Hispanic Association of Colleges and Universities (HACU). At HACU he served on several national task forces examining higher education challenges for Hispanics and wrote for, was awarded, and managed collaborative grant with Hispanic-Serving Institutions and the federal, corporate, and non-profit sectors. These programs included collaborative mentoring across institutions, research capacity building, undergraduate, graduate, and faculty research opportunities, STEM workshops, federal and corporate internships, and college preparation and financial aid awareness. Before joining HACU, Mr. Gonzalez worked at the University of Pennsylvania as the founding director of the Albert M. Greenfield Intercultural Center and the University of Texas at Austin in student affairs. He received his Bachelor’s and Master’s degrees from UT Austin.

Belinda Hernandez, PhD
Assistant Professor | University of Texas Health Science Center at Houston School of Public Health

Dr. Belinda Hernandez is an Assistant Professor of Health Promotion and Behavioral Sciences at The University of Texas Health Science Center at Houston School of Public Health. She co-developed iCHAMPSS, an online decision support system that facilitates adoption, implementation, and maintenance of evidence-based sexual health programs in schools, is the lead evaluator for the Texas Health and Human Services’ Abstinence Education Services, and serves on the planning committee for the San Antonio Teen Pregnancy Prevention Collaborative.

Kimberly Johnson, DrPH
Faculty Associate | University of Texas UTHealth School of Public Health

Dr. Kimberly Johnson is a faculty associate in the Center for Health Promotion and Prevention Research at The University of Texas School of Public Health. She has extensive experience in conducting quantitative and qualitative studies, and collaborating with school district and local school-level personnel to implement school-based studies. Kim has served as project coordinator for multiple school-based studies, including a study to disseminate It’s Your Game... Keep It Real to middle schools in the Houston Independent School District. She also has experience in community engagement, specifically among disadvantaged youth.

Adriana Kohler, JD
Senior Health Policy Associate | Texans Care for Children

As Senior Health Policy Associate, Adriana D. Kohler, J.D. leads Texans Care for Children’s work to improve maternal and child health, support children’s nutrition and fitness, and strengthen access to health coverage so that Texas kids and families can be healthy and succeed.

Stephanie LeBleu, MSW
Senior Program Manager | Women’s Health and Family Planning Association of Texas

Stephanie LeBleu, MSW, has 12 years’ experience working with marginalized and diverse populations across a variety of fields including reproductive health and justice, HIV/AIDS, domestic violence, and child welfare. She is a certified Pregnancy Options Counselor and trains Title X clinic sites across Texas on pregnancy options counseling. In her current role, Stephanie provides guidance and technical assistance to healthcare providers to ensure communities have access to high-quality family planning services, including a wide range of contraception. Stephanie received her Bachelor of Arts degree from Louisiana State University and her Master of Science in Social Work degree with a focus on Community and Administrative Leadership from the University of Texas at Austin.
PRESENTERS

Amanda Lewis, MSSW
Community Engagement Specialist | University of Texas

Amanda Lewis is a social worker and community organizer with more than eight years of experience in the domestic violence, child abuse, and sexual assault fields. She believes that real, sustainable social change starts small, building upon close bonds within communities, and is best led by those most impacted. Amanda received her MSSW with a focus on community and administrative leadership from UT. She is the Community Engagement Specialist for the Texas Association Against Sexual Assault.

Kate Murphy, JD
Senior Child Welfare Policy Associate | Texans Care for Children

As Senior Child Welfare Policy Associate, Kate E. Murphy, JD, leads Texans Care for Children’s work to keep children safe at home through an effective Child Protective Services (CPS) workforce, prevention services, and other efforts, and our work to ensure child safety and success in foster care and beyond.

Sarah Nesbitt
Public Policy Coordinator | Texas Council on Family Violence

Sarah Nesbitt is a Public Policy coordinator at the Texas Council on Family Violence (TCFV). She graduated from Washington University with a degree in Women, Gender & Sexuality Studies and Africana Studies. She has worked as a sexual assault helpline advocate, a legal advocate in domestic violence court, and a crisis intervention specialist at her local DV program. Prior to joining TCFV, she served as a policy fellow with Reproaction and then with Young Invincibles.

Cynthia Osborne, PhD, MPP, MA
Associate Professor, Director of Child and Family Research Partnership, Director of Center for Health and Social Policy | University of Texas at Austin

Dr. Cynthia Osborne is an associate professor and director of the Center for Health and Social Policy at the LBJ School of Public Affairs. She is also director of the Child and Family Research Partnership, an in-house group that conducts rigorous research on policy issues related to children, adolescents, and their parents. Her teaching and research interests include social policy, poverty and inequality, family and child well-being, and family demography. Dr. Osborne has extensive experience leading long-term evaluations of state and national programs, with the aim of helping organizations understand what works, and how to ensure sustainable implementation of effective policies. Her work includes evaluations for the Texas Home Visiting Program, the largest home visiting program in the country; for critical child welfare programs of the Texas Department of Family and Protective Services; and for key child support programs of the Texas Office of the Attorney General.

Tracy Parks
Youth Engagement Coordinator | EngenderHealth

As Youth Engagement Coordinator for EngenderHealth’s Re:MIX project, Tracy Parks implements the organization’s peer educator program and supports four parenting young adults in Austin. Parks’ work in youth programs and services includes curriculum development, career planning and teen counseling with gender-responsive, culturally inclusive and trauma informed care approaches. She holds a Bachelor of Arts degree in Political Science, a minor in Psychology, and a certificate in Multicultural Studies from the University of Missouri-Columbia.

Janet Realini, MD, MPH
Founder | Healthy Futures of Texas

Dr. Janet Realini, MPH is the Founder and Associate VP of Healthy Futures of Texas, a non-profit organization dedicated to reducing teen and unplanned pregnancy. Dr. Realini authored Big Decisions, a Texas-friendly “Abstinence-Plus” program for teens, which has been implemented in more than 25 Texas school districts, and is being studied in an OAHP Tier 2 B project. A family physician, Dr. Realini taught residents and students for 18 years, and worked in public health, with a focus on teen and unplanned pregnancy prevention. She received the David C. Wiley Award from the Texas Campaign in 2015.

Monica Rivera, MS
Program Coordinator | Healthy Futures of Texas

While enrolled at Our Lady of the Lake University Master’s program, Monica Rivera worked for Habitat for Humanity of San Antonio as a Program Administrator. At Healthy Futures of Texas, Monica is a Program Coordinator and works directly with Rene Gonzalez on the Big Decisions Tier2B grant from the Office of Adolescent Health of the U.S. Department of Health and Human Services. She strives to make a difference in the community and enjoys to help the youth achieve healthy decisions and a bright future.

Raul Rodarte-Suto
Teen Pregnancy Prevention Coalition President | Community Initiatives Manager | United Way of Amarillo & Canyon

Raul Rodarte-Suto is the community initiatives manager at United Way of Amarillo & Canyon Community. He is currently serving as the Teen Pregnancy Prevention Coalition President and active in various volunteer and leadership groups. After graduating from WTAMU, Raul became active in afterschool programming for at-risk youth for twelve years, an active volunteer for various arts in academics programs, and an advocate for education and multicultural relationships.
EMPOWERING THE NEXT GENERATION

PRESENTERS

Allison Sampson-Jackson, PhD, LCSW, CSOTP, LICSW
CEO, Chief Presenter | Integration Solutions, Inc.
A licensed clinical social worker and a certified sex offender practitioner, Dr. Allison Sampson-Jackson’s clinical practice and research has focused on advancing effective trauma informed treatment practices for persons who experience significant conduct related behavior problems. Her areas of specialty include attachment based models of treatment, sexual abuse/ness in children and adolescents, neuropsychology, and the use of neuroscience to inform work with children and adults with complex trauma disorders. As CEO of Integration Solutions, Inc., Dr. Sampson-Jackson provides trauma informed care consultation, education, and technical assistance.

Helen Schafer
Planned Parenthood of Greater Texas
Helen Schafer is a Bilingual Health Educator with Planned Parenthood of Greater Texas where she facilitates the Talk First! parent program with Spanish-speaking families and evidence-based teen pregnancy prevention curricula. Before Planned Parenthood, Helen served in the Peace Corps teaching sexual health in Nicaragua. She holds a degree from the University of Miami in exercise physiology and will attend Dell Medical School beginning this summer. Helen is passionate about reducing health disparities in Central Texas.

Katherine Suellentrop, MPH
Vice President of Programs | Power to Decide: The Campaign to Prevent Unplanned Pregnancy
As the Vice President of Programs at The National Campaign, Katherine Suellentrop, MPH, oversees a portfolio of projects that include providing training and technical assistance to organizations working to address teen and unplanned pregnancy at the state and community level; working with colleges (including two year colleges) to increase their ability to address unplanned pregnancy with their students, particularly those age 18-21; working with child welfare agencies to implement strategies to address teen and unplanned pregnancy; engaging family and juvenile court judges in work to address teen and unplanned pregnancy prevention; and enabling early innovation in teen pregnancy prevention. Her favorite part of the job is helping people connect the dots and try something new to address teen and unplanned pregnancy in their communities. She has given numerous presentations on topics related to teen and unplanned pregnancy.

Susy Villegas, PhD, LCSW
Assistant Professor | University of Texas at Rio Grande Valley
Susy Villegas PhD, LCSW is an Assistant Professor at the University of Texas at Rio Grande Valley in Edinburg. She completed specializations in Human Sexuality Family and Marriage Therapy from the Menninger Foundation. Her research and publications have focused on adult outcomes after childhood experiences of foster care, and adolescent pregnancy including a book chapter on teen pregnancy in Costa Rica.

Shawn Thierry
Representative | Texas House of Representatives for House District 146
In May 2017, Rep. Thierry was named to the Houston Endowment Steering Committee for Reducing Maternal Mortality whose mission focuses on developing a comprehensive, community-wide plan to reduce maternal mortality in Houston and Harris County. Representative Thierry also serves as the Vice Chair of the Harris County Delegation for the House Of Representatives and serves on the County Affairs and Juvenile Justice & Family Issues Committees. In her initial term in the Texas Legislature, Representative Thierry successfully passed six bills out of the Texas House, authored over 40 pieces of legislation, and was also named “Freshman of the Year.” Rep. Thierry’s signature piece of legislation tackled the maternal mortality crisis in Texas and was signed into law by the Governor during the 85th Special Session. Ms. Thierry authored legislation to protect mothers from cardiac-related deaths, diabetes, hemorrhaging, postpartum depression and other treatable morbidities during pregnancy and after delivery.

Veronica Whitehead, MEd, MCHES
Director of Programs | North Texas Alliance to Reduce Unintended Pregnancy in Teens (NTARUPT)
Veronica Whitehead is a Certified Health Education Specialist and holds a Master of Health Education from Texas State University with a focus on Adolescent Sexual Behavior and Women’s Health. As the Director of Programs, Veronica oversees NTARUPT’s Tier 1B Teen Pregnancy Prevention (TTP) Grant from the Office of Adolescent Health (OAH). Additionally, she plans and implements various educational programs within Dallas and assists the CEO with coordinating Alliance related events.

David Wiley, PhD, MCHES
Professor of Health Education | Texas State University
Dr. David Wiley, Professor of Health Education at Texas State University is a lifelong health educator who has focused his professional life on addressing health issues of adolescents. Dr. Wiley has authored or co-authored over 35 peer-reviewed articles and has presented keynote addresses and workshops across the United States and internationally on the role of schools in creating healthy children and healthy communities. He is the founder of the Texas Campaign to Prevent Teen Pregnancy and a former school board member for the Hays Consolidated Independent School District.

Kelly Wilson, PhD, CHES
Associate Professor, Health and Kinesiology | Department of Kinesiology, Texas A&M University
Kelly Wilson is an Associate Professor at Texas A&M University. Kelly has conducted several multi-site projects and evaluations with an emphasis on teen pregnancy prevention programs and subsequent pregnancy prevention among adolescents. Currently she serves as Co-PI on iTP3, and PI on Juntos Podemos (Together We Can!), a project funded by ACF/FYSB. She is recognized for her peer reviewed publications in sexual health, national and international presentation record, and leadership for organizations impacting youth and adolescent health.
EMPOWERING THE NEXT GENERATION

PRESENTERS

Nick Winges-Yanez, LMSW  
Research Engineer/Project Coordinator | University of Texas at Austin, Texas Center for Disability Studies
Nick Winges-Yanez is a LMSW and currently working on her PhD in Social Work with a focus on the historical construction of intellectual disability through the concept of sexuality. She works at UT’s Texas Center for Disability Studies as a project coordinator for Texas Sibling Leadership. She has written publications and facilitates workshops on sexuality and intellectual disability and the importance of wellness, education, and advocacy in this area.

Katie Wolfe, LMSW  
Community Health Education Manager | Planned Parenthood of Greater Texas
As the Community Health Education manager at Planned Parenthood of Greater Texas, Katie Wolfe, LMSW oversees education staff and programs across central Texas including the Talk First! parent program. Before Planned Parenthood, she worked with youth who have experienced trauma including foster youth in residential care and child survivors of sexual violence. Katie serves on the steering committee of the Healthy Youth Partnership.

Christine Yanas  
Director of Governmental Affairs | Methodist Healthcare Ministries of South Texas, Inc.
A dynamic professional with over 10 years of health care and hospital public policy experience, Christine Yanas has a proven record of delivering results and influencing change. As Director of Governmental Affairs at Methodist Healthcare Ministries of South Texas, Ms. Yanas handles the organization’s policy and legislative agenda. She is a poised and thoughtful leader with impressive professional successes. Previously, she served as vice president of operations and advocacy at Teaching Hospitals of Texas in Austin. Christine earned a bachelor’s degree from The University of Texas at Austin, cum laude, with a double major in English and government.

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Our Mission
To expand access to medicines for women regardless of their socioeconomic status, insurance coverage, or geographic location.

A Different Kind of Pharmaceutical Company
Medicines360 is a unique nonprofit women’s health global pharmaceutical company. We were formed in 2009 with a singular focus to develop quality medicines and bring them to market in a way that helps expand access for underserved women.

How We’re Different
Medicines360 has a groundbreaking approach to expanding access:

• It starts with our singular focus on expanding healthcare access to quality medicines for all women. That’s the nonprofit part.

• We research the health needs of women and identify gaps and barriers in healthcare access. We develop women’s health products and form partnerships to bring these products to market. That’s the pharmaceutical part.

• We then reinvest all proceeds from our partnerships into advocacy, education, and additional product and partnership development to further our mission of expanding healthcare access for women in the U.S. and globally. That’s the cool part.

Call to Action
Medicines360 is proud to be a pioneer in women’s health. Our unique business model allows everyone to join us by supporting our products and partnerships. Together, we can help expand access to quality medicines for all women.

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