Partnersing to Promote the Relational Health and Well-Being of Pregnant and Parenting Teens

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Developing Our Program: Inception to Today

Who? What? Why?
When? Where?
Implementing Our Program: Challenges and Lessons Learned

• Challenges
  • Start up within an already established program
  • Fluctuating participation

• Lessons Learned
  • Benefits of implementing to students enrolled in an already established program
  • Flexibility is important
  • Building relationships is important
  • Incentives are important
  • Hands-on, interactive teaching methods are more effective than lecture and workbook activities

Integrating SR/SF into PEP: Challenges and Lessons Learned

• Challenges
  • Getting everyone on board
  • Creating a schedule that maximizes participation while minimizing missed class
  • Helping students deal with the transition of not being with their children during lunch groups

• Lessons Learned
  • Be inclusive
  • Think WAY outside the box
  • Don’t give up if one strategy doesn’t work
  • Be enthusiastic and positive to everyone
  • Be transparent, open, accessible, invite questions

Implementing a Similar Program: Audience Perspective

• Challenges
  • Small Group Discussion
  • Discuss challenges you perceive trying to implement a similar program
  • Share challenges with larger group and brainstorm possible solutions

• Lessons Learned
  • Round Robin Discussion
  • Each table share one lesson learned from working with this population
### Evaluating Our Program: By the Numbers

- 50% reported **improved communication skills**
- 47.9% reported **improved negotiation skills**
- 51.9% of those who reported engaging in verbal abuse prior to the program reported engaging in **less verbal abuse** after completing the program
- 65.3% of those who reported engaging in physical abuse prior to the program reported engaging in **less physical abuse** after completing the program
- 93.8% reported **improved job readiness skills**
- 98.3% reported **improved financial literacy skills**

### In Their Own Words

- Increased knowledge regarding healthy relationships
- Improved communication and conflict resolution skills
- Increased self-awareness
- Improved job readiness skills
- Increased knowledge regarding money
- Improved money management skills
- Summary

### Developing Your Program

- Based on what we have presented today:
  - Identify potential organizations with which you can partner to implement a similar program
  - What questions do you still need answered?
THANK YOU FOR YOUR TIME!

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