



## Key Information about Texas

### STATISTICS

- Number of *Teen Pregnancies* in 2010: **66,760**
- Teen Pregnancy Rate: ranks **#47** out of 50 states (1 is best, 50 is worst)
- Change in Teen Pregnancy Rate (1988-2010): **38%**, which ranks **#37** in the rate of decline (vs. 48% nationally)
  
- Number of *Teen Births* in 2013: **37,525**
- Teen Birth Rate in 2013: ranks **#46** out of 50
- Change in Teen Birth Rate (1991-2013): **48%**, which ranks **#37** in the rate of decline (vs. 57% nationally)
  
- Number of *Unintended Pregnancies* in 2010 to women ages 15-44: **298,000**
- Percent of all pregnancies that are unintended: **54%**, which ranks **#35** (median = 51%)

### Cost of Teen Childbearing

- In 2010, the public cost of teen childbearing in Texas was **\$1.1 billion** (national cost = at least \$9.4 billion)
- Between 1991 and 2010, there were **1,063,399** births to teens, costing taxpayers **\$24.3 billion** over this period
- Because of the 33% reduction in the teen childbearing rate between 1991 and 2010, taxpayers saved **\$701 million** in 2010

### Cost of Unintended Pregnancy

- In 2010, the public cost of unintended pregnancies in Texas was **\$2.9 billion**, which ranks **#51** (national cost = at least \$21 billion)

### Medicaid

- In 2010, **48%** of births in Texas were funded by Medicaid
- In lieu of a Medicaid family planning expansion, Texas operates an entirely state-funded program that provides family planning services to women at least 18 years of age with incomes up to 185% of the federal poverty line.

## **FEDERAL TEEN PREGNANCY PREVENTION GRANTS<sup>1</sup>**

### **Competitive Personal Responsibility Education Program (PREP) FY 2015 – FY 2017**

Ambassadors for Christ Youth Ministries, Inc.  
Houston, TX  
\$668,764

Center for Success and Independence, Inc.  
Houston, TX  
\$642,296

Change Happens  
Houston, TX  
\$668,764

Future Leaders Outreach Network  
Fort Worth, TX  
\$667,687

Healthy Future of Texas  
San Antonio, TX  
\$668,764

Seasons of Change, Inc.  
Arlington, TX  
\$520,150

Texas A&M University  
College Station, TX  
\$250,001

### **FY 2012 – FY 2014**

Ambassadors for Christ Youth Ministries, Inc.  
Rosharon, TX  
\$850,000

BCFS Health and Human Services  
San Antonio, TX  
\$888,697

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<sup>1</sup> Federal teen pregnancy prevention grants are listed as annual amounts, unless otherwise noted.

Bee Busy Learning Academy, Inc.  
Houston, TX  
\$493,301

Cardea Services  
Austin, TX  
\$719,829

Change Happens  
Houston, TX  
\$833,444

Community Action Corporation of South Texas  
Alice, TX  
\$500,000

Creative Visions Social Services & Consultants, Incorporated  
Mansfield, TX  
\$686,877

Girls Incorporated of Metropolitan Dallas  
Dallas, TX  
\$240,000

Healthy Families San Angelo  
San Angelo, TX  
\$793,532

Henderson County HELP Center, Inc.  
Athens, TX  
\$575,103

Planned Parenthood of North Texas, Inc.  
Dallas, TX  
\$471,706

Project Vida Health Center  
El Paso, TX  
\$481,866

Seasons of Change, Incorporated  
Arlington, TX  
\$675,000

Youth and Family Alliance dba LifeWorks  
Austin, TX  
\$310,000

### **Personal Responsibility Education Innovative Strategies (PREIS)**

*Multi-site grant includes TX:*

Education Development Center, Inc.  
Newton, MA  
\$773,359

More Than a Dream Teen Pregnancy Prevention for Latino Youth is a collaboration between Education Development Center, the University of Michigan School of Nursing, and the League of United Latin American Citizens' National Educational Service Centers (LNESEC), to find developmentally appropriate and culturally and linguistically relevant youth and parent interventions that address sexual health and pregnancy prevention among Latino youth. The project will evaluate the youth intervention *Cuídate* (Take Care of Yourself) and the parent intervention *Salud y éxito* (Health & Success), as well as a combined youth-parent program called *Más que un sueño* (More Than a Dream). Work will take place at four LNESEC sites, in Albuquerque, NM, Colorado Springs, CO, **El Paso, TX**, and Kansas City, MO, with the goal of reducing sexual and other risk behaviors. Participants will be younger Latino adolescents, ages 12 to 14, and their parents.

### **Title V State Abstinence Education Grant**

Department of State Health Services  
\$6,753,129

Texas is using their grant to support both community- and school-based programming. The funds serve high-risk youth in grades 5-12 through in-school programming and youth in the child welfare system through after-school interventions. In addition, the funds support a media campaign for teens and parents.

### **Teen Pregnancy Prevention Program (TPPP) — Tier 1 FY 2015 – FY 2019**

Community Action Corporation of South Texas  
Alice, TX  
Program models: *Teen Outreach Program; Safer Sex Intervention*  
\$749,999

The Community Action Corporation of South Texas (CACOST) will reduce the rate of teen pregnancy and sexually transmitted infections in Brooks, Duval, Jim Hogg and Jim Wells counties through the South Texas Teen Leadership and Development Project. The teen birth rates in each of the proposed communities are more than three times the national average: Brooks – 128 per 1,000; Duval – 83 per 1,000; Jim Hogg – 112 per 1,000; and Jim Wells – 83 per 1,000.

In each county, CACOST will implement the *Teen Outreach Program* in middle schools and high schools and the *Safer Sex Intervention* in clinics. Over the course of the five-year project, approximately 3,800 youth will receive evidence-based teen pregnancy prevention programs.

Project Vida Health Center

El Paso, TX

Program model: *Teen Outreach Program*

\$796,297

Project Vida Health Center, through the *POWER 4-Uth* program will implement evidence-based teen pregnancy prevention (TPP) programs for youth in two communities in southeast El Paso County. The two communities to be served are Socorro and Montana Vista, both are predominately rural, Hispanic, and lacking community resources. Their teen birth rates are 51.9 and 42.7 per 1,000 girls ages 15-19. The *Teen Outreach Program* will be implemented in middle schools, high schools, and community-based settings by trained Promotoras. The *POWER 4-Uth* program will also offer additional support services for youth and their families. Over the course of the five-year project, more than 6,400 youth will be served.

The Dallas Foundation

Dallas, TX

Program models: *Families Talking Together; Making Proud Choices*

\$987,500

The North Texas Alliance to Reduce Teen Pregnancy (NTARuPT), a component of The Dallas Foundation, will provide evidence-based teen pregnancy prevention (TPP) programs to young people in five zip codes in Dallas, Texas. The five target zip codes have teen birth rates ranging from 84.2 to 112.9 per 1,000 girls ages 15-19, and the teen birth rate recently increased in four of the five zip codes. The NTARuPT will deliver the evidenced-based TPP programs *Families Talking Together* and *Making Proud Choices* after school, in community settings, and for youth in out-of-home settings. The goal of the project is to reduce teen pregnancy across the five zip codes by 20 percent by the end of year five. Over the course of the five-year project more than 6,000 youth will be served.

The University of Texas Health Science Center at San Antonio

San Antonio, TX

Program model: N/A

\$750,000

The University of Texas Health Science Center at San Antonio-UT Teen Health will provide capacity building assistance to at least three organizations that have experience implementing programs for youth and are serving some of the most vulnerable populations with the need for teen pregnancy prevention (TPP) programs: (1) youth in juvenile detention, (2) youth in foster care, and (3) expectant and parenting teens. UT Teen Health will provide training, technical assistance, and support to these organizations to enable them to implement evidence-based TPP programs for the youth they serve. The designated service area for the project is the state of Texas with a teen birth rate of 41 per 1,000 females ages 15-19. Through this project, it is estimated that approximately 6,000 youth in juvenile detention, youth in foster care, and expectant and parenting teens will receive evidence-based TPP programs over the five-year project.

The University of Texas Health Science Center at San Antonio  
San Antonio, TX

Program models: *Be Proud! Be Responsible! Be Protective!; ¡Cuidate!; Draw the Line/Respect the Line; It's Your Game...Keep It Real; Making a Difference!; Promoting Health Among Teens –Abstinence Only; Promoting Health Among Teens – Comprehensive; Reducing the Risk; SHARP; Teen Outreach Program*

\$2,000,000

The University of Texas Health Science Center at San Antonio- UT Teen Health will partner with community youth serving organizations and the San Antonio Teen Pregnancy Prevention Collaborative to implement evidence based teen pregnancy prevention (TPP) programs in Bexar County. The teen birth rate in Bexar County is 40 per 1,000 females aged 15-19. Partners in this initiative will implement the evidence-based TPP programs in middle schools, high schools, after school programs, faith-based organizations, and in community settings with especially vulnerable youth including expectant and parenting teens, youth in juvenile detention, and youth in foster care. It is estimated that the project will serve nearly 72,000 youth under age 20 over the five-year period.

### **Teen Pregnancy Prevention Program (TPPP) — Tier 2 FY 2015 – FY 2019**

The Texas A&M University System Health Science Center  
Location: College Station, TX

Program model: N/A

\$1,500,000

The Texas A&M University System Health Science Center, through its project *Integrating Teen Pregnancy Prevention Innovative Practices (iTIP)*, will provide infrastructure, capacity building assistance, and evaluation to support the development of innovative teen pregnancy prevention (TPP) programs. The *iTIP* project team will identify and subcontract with 27 organizations, over five years, to develop TPP programs aimed at reducing teen pregnancy and other sexual risk behaviors for populations with the greatest need. The *iTIP* project team will engage nationally recognized TPP leaders to provide project guidance and to establish criteria for selecting innovative projects. The project team will recruit subject matter experts to provide capacity building assistance to innovators throughout the various stages of program development. By the end of the grant, the *iTIP* project team intends to have assembled and documented a portfolio of promising TPP programs that serve populations with the greatest need. Results and promising programs will be disseminated at an Innovation Summit in the final project year and in a supplemental issue of a peer-reviewed professional journal.

EngenderHealth, Inc.

New York, NY

Program name: *Our Stories, Your Choices (OSYC)*

\$999,999

Engender Health will rigorously evaluate *Our Stories, Your Choices (OSYC)*, a three-component teen pregnancy prevention (TPP) intervention that uses parenting teens and adult mentors to facilitate an innovative, engaging primary TPP curriculum. Over five years, the project will

serve 1,000 **Travis County, Texas** high school students, aged 14-18. The first component is a 15-hour, 10-session curriculum, which is delivered in high school health classes by male and female parenting peer educators who are paired with an adult health educator. The second component is a leadership training that the parenting peer educators receive, along with coaching and mentoring from the adult health educators and *OSYC* staff. The third component is establishing linkages for high school students and peer educators to learn about and access teen-friendly community health resources. The evaluation will assess the impact of the *OSYC* program on measures of both sexual activity and contraceptive use among high school teens, and will assess the potential benefits of incorporating young parents as peer educators for teens and for teen parents themselves.

#### Healthy Futures of Texas (HFTX)

San Antonio, TX

Program model: *Big Decisions*

\$869,902

Healthy Futures of Texas (HFTX) will implement and evaluate *Big Decisions*, an abstinence-plus approach to preventing teen pregnancy that has been found promising for Hispanic, low-income urban youth. HFTX now seeks to demonstrate the curriculum's efficacy for low-income Hispanic youth in rural communities and small cities. HFTX and its partners, Cardea Services, and Philliber Research Associates, will conduct a study of 8,540 predominantly Hispanic students attending 9th grade in four rural counties in South Texas (Maverick, Val Verde, Webb, Zapata). Impact will be documented in a three-group study of *Big Decisions* (Treatment Group 1); *Big Decisions Plus*, adding service learning and parent sessions (Treatment Group 2); and *Youth Voices* (Control Group). A standard treatment and control design will be used, including randomized assignment of classes.

#### **Teen Pregnancy Prevention Program (TPPP) — Tier 1 FY 2010 – FY 2014**

Navasota ISD

Navasota, TX

Program model: *Raising Healthy Children*

\$999,030

Navasota Independent School district will implement *Raising Healthy Children* in all elementary schools, grades one through six, of rural Grimes County. Through this project, approximately 1,500 youth will be served. *Raising Healthy Children* is based on a school-wide model that strengthens instructional practices and family involvement, by incorporating school, family, and individual programs to promote key learning objectives. The project's goal is to prevent teenage pregnancy and to encourage abstinence from sexual activity before the age of 18.

The University of Texas Health Science Center  
Houston, TX

Program models: *It's Your Game: Keep it Real*

\$3,000,000

The University of Texas Health Science Center (UTHSC) will deliver *It's Your Game: Keep it Real* throughout 11 school districts to 113 middle schools. Over the five-year period, 30,000 youth will receive *It's Your Game: Keep it Real*. The goal of this project is to promote sexual abstinence, reduce risky sexual behavior, and prevent teen pregnancy among youth in Harris County, Texas. A rigorous, independent evaluation will be conducted to determine the effectiveness of the program. The hypotheses are that (1) middle school students who receive the program will delay their initiation of sexual activity and will reduce their frequency of sexual activity and unprotected sex, and (2) communities who receive the program will decrease their teen birth rates compared to comparable communities who do not receive the programs.

Youth and Family Alliance, dba LifeWorks

Austin, TX

Program models: *It's Your Game: Keep it Real* and *Reducing the Risk*

\$585,000

LifeWorks will implement *It's Your Game: Keep It Real* with 7<sup>th</sup> and 8<sup>th</sup> grade youth, and Planned Parenthood of the Texas Capital Region will implement *Reducing the Risk* to 9<sup>th</sup> and 10<sup>th</sup> grade youth in the Austin Independent School District. The grantee seeks to positively impact program participant's knowledge, attitude, intentions, and behavior about sexual health as well as their communication with trusted adults about sexual health topics. Through the impact of these services, LifeWorks and Planned Parenthood envision a healthier community of adolescents with reduced rates of teenage pregnancy and behavioral risks underlying teenage pregnancy.

## **Teen Pregnancy Prevention Program (TPPP) — Tier 2 FY 2010 – FY 2014**

Arlington Independent School District (AISD)

Arlington, TX

Program model or strategy: *Be Proud! Be Responsible!* adaptation and dropout recovery programming

\$995,675

Arlington Independent School District (AISD) will implement the Crossroads program. The program is based on the theory that putting youth in a situation through which they can have a physical and emotional connection to a positive message will increase their learning process. The project adapts the *Be Proud! Be Responsible!* curriculum, an evidence-based model, to implement it within a dropout recovery and prevention program within the school district. Through this program youth will have the opportunity to regularly meet with academic advisors and social workers and to be exposed to positive sex education and relationship messages.



University of Texas Health Science Center at San Antonio  
San Antonio, TX

Program model or strategy: *Worth the Wait*

\$851,450

The University of Texas Health Science Center at San Antonio will implement the *Sex Education Program (SEP)*. The project will serve high school students (grades 9 to 12) in the Judson Independent School District of suburban Bexar County. The project will provide in-school abstinence education combined with youth development activities and referrals to health care services. The goals of the project include decreasing teen births among participants, decreasing the number of sexual partners of participants, and increasing the age of sexual debut of participants.

Engender Health

New York, NY

Program model or strategy: *Gender Matters*

\$976,408

Engender Health will implement the *Gender Matters* curriculum with 14 and 15 year olds in **Travis County, TX**. The program includes sixteen, 5-day workshops with groups of 13-15 youth, a text messaging campaign, and community-wide educational events developed by youth within the program. Youth will also receive the curriculum through the summer youth employment program. Approximately 400 youth will receive the intervention. Primary study goals for this project include reducing teen pregnancy by delaying the onset of sex among participants who are not sexually active; increasing the correct use of effective contraception among those who are; and increasing the proportion of youth who adopt health-seeking behaviors (such as a reproductive health care visit). Secondary goals for the project include influencing traditional beliefs about masculinity and femininity, advancing more equitable attitudes about relationships and the balance of power within them, and influencing other gender-specific views, such as responsibility for pregnancy prevention and ambivalence about pregnancy.

## **CDC Grants**

### **FY 2015 – FY 2019**

Promundo

\$500,000

Promundo will adapt and rigorously evaluate an innovative teen pregnancy prevention curriculum, Program H, for young men aged 15-17 in juvenile justice centers. Program H is an 18-hour gender-transformative curriculum delivered over nine 2-hour sessions. The program takes a holistic, gender-transformative approach and addresses reproductive health knowledge, healthy relationships, healthy masculinity, and explicit and proactive support of female partners' contraceptive use. Activities are designed to engage young men in critical reflection and dialogue about gender norms and then apply these discussions to a range of key issues, including intimate relationships, gender-based violence, substance abuse, sexually transmitted diseases, and teen pregnancy. Promundo will conduct a randomized controlled trial in one or two Texas county juvenile justice centers, enrolling approximately 900 young males, to evaluate the impact

of the intervention at 3- and 12-month follow-up. If found to be effective, Program H will help fill a gap in evidence-based teen pregnancy prevention programming designed specifically for young men in juvenile justice centers.

## **FY 2010 – FY 2014**

The University of Texas Health Science Center at San Antonio (UTHSCSA)  
\$1,209,387

UTHSCSA received a grant to expand the San Antonio Sex Education Program (SEP) from middle schools into high schools on the south side of Bexar County. The target population is predominantly Latino/Hispanic. SEP provides communitywide, medically accurate, evidence-based teen pregnancy prevention programs, and creates and enhances linkages between the SEP and community-based clinical services. Major activities include implementing a culturally appropriate, evidence-based teen pregnancy prevention program with high school students and providing training and technical assistance to community-based clinical service providers to build organizational sustainability.

## **TITLE X FAMILY PLANNING SERVICES IN TEXAS**

- Title X–supported centers provided contraceptive care to 163,850 women in Texas in 2013.
  - Those services helped women avoid 40,000 unintended pregnancies, which would have resulted in 19,800 births and 13,600 abortions.
  - In the absence of these services, the number of unintended pregnancies and abortions in Texas would be 13% higher.
- By helping women avoid unintended pregnancies and the births that would follow, the services provided at Title X-supported centers in Texas saved \$292.7 million in public funds in 2010.
- From FY 2010 to FY 2014, the amount of federal funding Texas received for Title X decreased by \$1.84 million, resulting in 148,700 fewer (55%) patients served.
- In Texas, 92 clinics receive support from Title X. They include federally qualified health centers (27), health department clinics (23), private non-profits (22), hospitals (14), Planned Parenthood clinics (5), and universities (1).

**About the National Campaign:** The National Campaign to Prevent Teen and Unplanned Pregnancy seeks to improve the lives and future prospects of children and families. Our specific strategy is to prevent teen pregnancy and unplanned pregnancy among single, young adults. We support a combination of responsible values and behavior by both men and women and responsible policies in both the public and private sectors. For more information, visit [www.TheNationalCampaign.org](http://www.TheNationalCampaign.org).