Engaging Young Men in Building Healthy Relationships: Tips from Expect Respect Facilitators

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Stopping Abuse for Everyone

Safety
Healing
Prevention
Social Change

https://www.youtube.com/watch?v=GXcxTbCj3Lo

24-hour Hotline: 512 267-SAFE (7233) or 512 927-9616 for the Deaf community

COUNSELING & SUPPORT GROUPS
- 24-­‐session
- K-­‐12

VOLUNTEER LEADERSHIP & EDUCATION
- Advocacy Groups
- Changing Lives Youth Theater
- Romeo Youth Leadership Academy

SCHOOL-­‐WIDE PREVENTION
- Police/­‐Court
- Consequences
- School Health
- Parent Education
- Counseling

COMMUNITY AWARENESS & EDUCATION
- Anti-­‐aggression
- School-Based Response
- Teen Pregnancy Prevention
- Travis County Sheriff's Office

1. Counseling and Support Groups
- Child abuse and domestic violence
- Dating abuse
- Sexual assault
- Grades K-­‐12
- 900+ students per year
2. Youth Leadership & Education

- School-based Leadership groups
- Changing Lives Youth Theatre Ensemble
- Summer Youth Leadership Academy

3. School-Wide Prevention

www.austinisd.org/respectforall

4. Community Education and Awareness

Expect Respect Support Groups

- Separate sex groups in middle and high schools
- Same sex facilitator
- 5-10 members
- At school, during the school day
- Voluntary and confidential
- 24 group sessions, open through Fall semester
- Elementary groups (mixed gender, 10 sessions)
Expect Respect Support Groups Provide:
- Access to services
- Relationship with caring adult
- Supportive peer group
- A place to learn/practice relationship skills
- Norms that support giving and getting respect

Curriculum Overview
- Developing group skills
- Choosing equality and respect
- Recognizing abusive relationships
- Learning skills for healthy relationships
- Getting the message out

The Facilitator’s Role
- Listen
- Model openness and trust
- Share power
- Model and safeguard respectful environment
- Weave connections among group members
- Use curriculum to start dialogue, teach skills
- Support members in asking for and giving support
- Establish and maintain group “safety”

Gender Beliefs and Risks for Men
Men who hold hyper-masculine attitudes
- More likely to abuse their partner physically or sexually
- More likely to utilize condoms consistently
- Less likely to believe that pregnancy validates masculinity
- Less likely to access health care

Source: Promundo; Andrew Levack
Women who adhere to more acquiescent norms of femininity are
• more likely to accommodate the interests and desires of men
• more likely to have an unintended pregnancy
• less likely to use condoms consistently

Source: Promundo; Andrew Levack

Gender-equitable Relationships
1. Supportive relationships based on respect and equality rather than sexual conquest;
2. Being involved as a domestic partner/father in terms of childcare and household activities;
3. Sharing responsibilities with partner for reproductive health and
care;
4. Opposing partner violence

Positive Masculinity
"As we increase and promote healthy manhood, we decrease and prevent domestic violence, dating violence, sexual assault, bullying and homophobia." – A Call to Men

Panel Discussion
JULIO GONZALEZ, EXPECT RESPECT FACILITATOR
MARCUS GRIGGS, EXPECT RESPECT FACILITATOR
ADAM KLAYBOR, EXPECT RESPECT COUNSELOR
MODERATOR: BARRI ROSENBLUTH, SENIOR DIRECTOR, EXPECT RESPECT PROGRAM, SAFE
Thank You!

expectrespectaustin.org

Resources

www.loveisrespect.org, National Teen Dating Abuse Helpline, 1-866-331-9474 TTY 1-866-331-8453
www.cdc.gov/chooserespect, CDC
www.thatsnotcool.com, Futures Without Violence FWV
www.athineline.org, MTV
www.breakthecycle.org, Break the Cycle
www.glsen.org, Gay, Lesbian, Straight Education Network
www.mencanstoprape.org, Men Can Stop Rape
www.coaches-corner.org, Coaching Boys Into Men, FWV