Reproductive Life Planning and the Conservative Mindset
Objectives

- Participants will learn techniques when working with conservative mindsets.
- Participants will learn what reproductive life planning is.
- Participants will learn how to implement reproductive life planning.
Haven Health Clinics

- Title X Clinic
  - Serve all 26 counties
  - Located in Amarillo, Texas
  - Population 196,429
- Potter County - 102 per 1,000 births
- Dalham - 105
- Moore - 98
- Ochiltree - 95
- Deaf Smith - 99
- Childress - 112
Texas Compared to the Nation

- A report from the U.S. Centers for Disease Control and Prevention showed that even though teen pregnancy rates are down among all ethnicities across the United States, the state of Texas ranks fourth in the nation with 52.2 of every 1,000 teen girls getting pregnant. Arkansas is ranked third with 52.5, New Mexico is second with 52.9 and Mississippi is ranked first with 55.
- And according to a 2013 study by the Center for Disease Control, Texas ranked number one in the nation for repeat teen births for those aged 15-19.
Current Acceptable Curriculum for Amarillo

- Worth the Wait
- Abstinence Only Approach
- Crises Pregnancy Centers
Techniques

- Reproductive Life Planning
  - During each visit
  - Outreach
  - Education

- Evidenced based sex education
  - FTT
  - Big Decisions
  - TOP
Implementation of Reproductive Life Planning

- One key question approach
- Pregnancy intention
- Child Spacing
- Leading the discussion for contraceptive counseling