LET’S TALK NOW!

IMMIGRANT PARENTS, CHILDREN AND RELAXED CRITICAL COMMUNICATION
Immigrant parents don’t speak to their children about sex but they welcome programs that facilitate these conversations.
LET’S TALK NOW!

1 Spring event for 4th grade girls and their mothers;
1 Fall event for 5th grade parents and students.

Objectives:

- Prompt parents and students to begin crucial conversations before middle school;
- Afford the immigrant parent a safe and supportive environment to share experiences with parents of similar cultural background;
- Share with parents practical strategies to begin calm, intimate and age-appropriate conversations with their children;
- Reinforce in students the idea that their parents are the most trustworthy confidants they can have.
Format of Events

2-hour events at an elementary campus

- Language Services provides presenters, child care, pizza, water;
- Campus provides copies, napkins, plates AND promotion!

Participants:

4th grade  Girls and their mothers
5th grade  Mothers, fathers, girls and boys

Agenda for evening event:

<table>
<thead>
<tr>
<th>Activity</th>
<th>Duration</th>
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<tbody>
<tr>
<td>Sign-in, pizza, intro to event</td>
<td>30 min</td>
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<tr>
<td>Breakout sessions</td>
<td>75 min</td>
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<tr>
<td>Final shared activity</td>
<td>15 min</td>
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Key Players

Presenters!

4th gr:

Mothers: Carol Sprawls (Eng)  Gladys Ortiz (Sp)
Girls:  Campus counselor and/or Campus nurse

5th gr:

Mothers: Carol Sprawls (Eng)  Gladys Ortiz (Sp)
Fathers: Bert Alexander (Eng)  Henry Roncancio (Sp)

Girls: Campus counselor and/or Campus nurse
Boys: Hai Cao, Youth minister
Mothers’ Presentation in English:
- Characteristics of Tween Girls
- Critical Conversation Topics
- Relationship Changes

Mothers’ Presentation in Spanish:
- Differences in rearing a child in U.S. and Latin America
- Are expectations different for girls in the U.S. and in Latin America?
- Awareness of the power of the media
- What was the mother’s experience at her daughter’s age?

Girls:
- Campus counselor and/or nurse talk about hygiene, body changes, diet, etc; May use the Always Changing PP.
Content – 5th Grade Parents

Mothers and Fathers attend separate breakout sessions

**Mothers (English and Spanish):**
- Recap of 4th grade talk;
- Viewing of DVD *Sex can Wait, Talking Can’t*;
- Ideas on how to use booklet included in the DVD package;
- Q&A.

**Fathers (English and Spanish):**
- Discussion of role as husband and father, machismo, respect for women, father as role model...
- Viewing of DVD *Sex can Wait, Talking Can’t*;
- Ideas on how to use booklet included in the DVD package;
- Q&A.

Every family receives a free copy of the DVD and booklet
Content – 5th Grade Students

Girls:

- Campus counselor and/or nurse recap conversation at 4th grade, talk about changes already happening…girls have many questions;
- Confiding in parents is encouraged;
- May use the *Always Changing* PP 5th grade version.

Boys:

Youth minister talks to boys about self-esteem, respect for authority and for women, confiding in parents, changes in body and emotions.
Promoting the Event

- Campus MUST commit to fully promoting!
- All promotion materials (flyers, RSVPs, written and voice/text reminders) are furnished to campuses.
Panel Q&A

Thank you!

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