Normalizing Sexual Development (NSD) Curriculum
Development, Implementation, & Lessons Learned

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Recent Changes

- Evidence-based programming
- Evaluation of current programs
Past Sex Education Curriculum

- Age-appropriate
- Developmentally-appropriate
Curriculum Components

Individual Development

- Cognitive Development
  - Decision-making
- Emotional Development
  - Identity
- Physical Development
  - Puberty
Curriculum Components

Contextual Development

- Social/Relational Development
  - Peers, Family
- Holistic Development
  - Future, goals
Lessons Learned

- Family-based
  - Teen Straight Talk

- School-based
  - Texas Essential Knowledge and Skills (TEKS)
  - Student Health Advisory Council (SHAC)

- Community-based
  - Faith-based organizations
  - Local health organizations
  - Coalitions
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