The Texas LARC Toolkit

What you will learn

• Purpose and history of the toolkit
• How to access the toolkit
• Organization of the toolkit
• Information contained
• How to use the toolkit as a resource in the patient setting
LARC Overview

• Long-acting reversible contraception (LARC; i.e., intrauterine device and contraceptive implant)
  • Safe and highly effective reversible method of contraception
  • Highest continuation and satisfaction rates
  • Can be used by most women
  • Increased use may reduce unintended pregnancy rates

References:
The Texas LARC Toolkit

• A resource for Texas health care providers to support access to LARC
• First version released 2016, version two released June 2018
• Expanded, updated, revised to better serve Texas providers
  • Nuts and bolts of implementing a LARC program
  • Addresses hospital and clinic settings
  • Clinical and logistical considerations
  • Billing and reimbursement
Take Charge of Your Health

From annual exams and family planning to disease screenings and treatments, we’ve made it easier to find the women’s healthcare services you need.

If you’re looking for information on benefits and programs related to Hurricane Harvey, visit the HHS Hurricane Harvey Disaster Assistance page.

Follow the links below to find a doctor in your community and learn if you may be eligible to receive free or affordable healthcare services.

Find a Doctor  Am I Eligible?
HealthyTexasWomen.org
HealthyTexasWomen.org

Provider Resources

Healthcare providers, contractors and clinics supporting women’s healthcare services can find additional, necessary information about our programs online at.

Healthy Texas Women

The Healthy Texas Women program offers women’s health and family planning services at no cost to eligible, low-income women. These services help women plan their families, whether it is to achieve, postpone, or prevent pregnancy. They also can have a positive effect on future pregnancy planning and general health.

Providers participating in the Healthy Texas Women program can access necessary information regarding policies, billing forms and more online at:

- HHS - Information for Providers regarding Healthy Texas Women Services, Patient Enrollment and Eligibility, Payments, and More
- Texas Medicaid & Healthcare Partnership (TMHP) - Healthy Texas Women program
- FY17 Healthy Texas Women Policy and Procedure Manual
- The Texas LARC Toolkit: Texas Medicaid Policy on Providing Long-Acting Reversible Contraception Services
- The Texas Clinician’s Postpartum Depression Toolkit: A resource for Texas clinicians on screening, diagnosis and treatment of postpartum depression (PPD). The toolkit also includes coverage and reimbursement options for PPD through Medicaid, CHIP, the Healthy Texas Women program, the Family Planning Program, and other referral options.
The Texas LARC Toolkit

THE TEXAS
Long-Acting Reversible Contraception TOOLKIT
Volume 2

A resource for Texas health care providers to support access to long-acting reversible contraception (LARC)

June 2018

TEXAS Health and Human Services
The Texas LARC Toolkit

Organization of the Toolkit

• Planning for program initiation
• Training of clinical and support staff
• Patient counseling and education
• Patient protocols and procedural aspects
• Billing and reimbursement
The Texas LARC Toolkit

Organization of sections

• Evidence-based content
• In the clinic
• In the hospital (i.e., immediate postpartum [IPP])
• References
• Resources for patients and providers
The Texas LARC Toolkit

Planning for program initiation

• Things to consider prior to implementing a LARC program
• In the clinic
• In the hospital (i.e., IPP)
• References
• Resources for providers
The Texas LARC Toolkit

Training of clinical and support staff

• Determining medical eligibility
• Training resources
• Clinic vs. hospital
• References
• Resources for:
  • Providers
  • Support staff
  • Patient educators
The Texas LARC Toolkit

Patient counseling and education

• General considerations
  • Broad range of family planning methods
  • Patient-centered, shared decision-making
  • Examine our own preconceptions

• Timing of counseling
  • IPP - Prenatal clinic best
  • Clinic - Same-day if possible
The Texas LARC Toolkit

Patient counseling and education

• Relative method effectiveness
  • Broad ranges for most methods
  • LARC most effective reversible

• Risks, benefits, side effects, how they work
  • IUD- and implant-specific
The Texas LARC Toolkit

Patient counseling and education

• Effects on breastfeeding
• Myths and misconceptions corrected
  • Provider
  • Patient
• References
• Resources for patients and educators
The Texas LARC Toolkit

**Patient protocols and procedural aspects**

- Timing of insertion
  - Clinic
    - Same day if reasonably certain she is not pregnant
  - Hospital
    - IUD - Immediate postplacental
    - Implant – Before discharge
- Sexually transmitted infection screening per routine guidelines
The Texas LARC Toolkit

**Patient protocols and procedural aspects**

- Antibiotic prophylaxis
  - No benefit
  - If evidence of infection, treat first
- Pain with insertion
  - Topical lidocaine
  - Misoprostol – increased pain in most studies
- Backup contraception
- References
The Texas LARC Toolkit

Billing and reimbursement

• Coding for LARC services
• Coverage for uninsured Texas women
  • Medicaid – Traditional and managed care
  • Healthy Texas Women
  • Family Planning Program
  • Eligibility and application
The Texas LARC Toolkit

Billing and reimbursement

• Billing for LARC devices and services
  • Clinic
    • By program (e.g., HTW, FPP) and provider type
  • Hospital
    • Medicaid MCO contact information
    • Emergency Medicaid – by MOU with Family Planning Program contractor
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Billing and reimbursement

• Acquiring LARC devices
  • Buy and bill method
  • Pharmacy method (available for clinic use under some programs)
The Texas LARC Toolkit

Buy and Bill Method

• Provider orders LARC devices directly from the manufacturer or through a third party distributor, and maintains the device on-site in general stock.

• When a patient requests a LARC method, the provider pulls from on-site stock – allows same-day service.

• Provider files a claim for both the LARC device and the insertion procedure.
The Texas LARC Toolkit

Pharmacy Method – HTW and Medicaid

- Provider orders a LARC device from designated specialty pharmacy for a particular patient
- Pharmacy dispenses the LARC device to provider for specified patient; pharmacy bills Medicaid or HTW for the device and receives reimbursement
- Provider bills Medicaid or HTW only for the insertion procedure, not the device itself
Questions?