



TEXAS
Health and Human
Services

Using the Texas LARC Toolkit

Janette Ingram, MD, MBA, *Medical Director*
Health, Developmental and Independence Services
August 28, 2018

The Texas LARC Toolkit

What you will learn

- Purpose and history of the toolkit
- How to access the toolkit
- Organization of the toolkit
- Information contained
- How to use the toolkit as a resource in the patient setting



TEXAS
Health and Human
Services

LARC Overview

- Long-acting reversible contraception (LARC; i.e., intrauterine device and contraceptive implant)
 - Safe and highly effective reversible method of contraception
 - Highest continuation and satisfaction rates
 - Can be used by most women
 - Increased use may reduce unintended pregnancy rates

References:

American College of Obstetricians and Gynecologists. Committee Opinion No. 642: Increasing access to contraceptive implants and intrauterine devices to reduce unintended pregnancy (2015).

American College of Obstetricians and Gynecologists. Practice Bulletin No. 186: Long-acting reversible contraception: Implants and intrauterine devices (2017).



TEXAS
Health and Human
Services

The Texas LARC Toolkit

- A resource for Texas health care providers to support access to LARC
- First version released 2016, version two released June 2018
- Expanded, updated, revised to better serve Texas providers
 - Nuts and bolts of implementing a LARC program
 - Addresses hospital and clinic settings
 - Clinical and logistical considerations
 - Billing and reimbursement



TEXAS
Health and Human
Services

HealthyTexasWomen.org



[Am I Eligible?](#) | [Find a Doctor](#) | [Provider Resources](#) | [Sitemap](#) | [En Español](#)

[Home](#) | [Healthcare Programs](#) | [Find a Doctor](#) | [Health Topics](#) | [About](#) | [Contact](#)



Take Charge of Your Health

From annual exams and family planning to disease screenings and treatments, we've made it easier to find the women's healthcare services you need.

If you're looking for information on benefits and programs related to Hurricane Harvey, visit the [HHS Hurricane Harvey Disaster Assistance page](#).

Follow the links below to find a doctor in your community and learn if you may be eligible to receive free or affordable health services.

[Find a Doctor](#)

[Am I Eligible?](#)



TEXAS
Health and Human
Services

HealthyTexasWomen.org



The screenshot shows the website's navigation and main content. At the top, the logo "HEALTHY TEXAS WOMEN" is on the left, and links for "Am I Eligible?", "Find a Doctor", "Provider Resources", "Sitemap", and "En Español" are on the right. A pink navigation bar contains "Home", "Healthcare Programs", "Find a Doctor", "Health Topics", "About", and "Contact". Below this, a breadcrumb trail shows "Home" and "Provider Resources". The main heading is "Provider Resources", followed by a sub-heading: "Healthcare providers, contractors and clinics supporting women's healthcare services can find additional, necessary information about our programs online at:". A list of four resource links is provided, each with a right-pointing chevron: "Healthy Texas Women", "Family Planning Program", "Breast and Cervical Cancer Services Program", and "Program Fact Sheets and Materials". To the right of the list is a photograph of a healthcare provider in blue scrubs with a stethoscope, smiling and talking to a pregnant woman in an orange top and black headscarf. The woman is holding a clipboard and pen.

HealthyTexasWomen.org

[Home](#) | [Healthcare Programs](#) | [Find a Doctor](#) | [Health Topics](#) | [About](#) | [Contact](#)

Provider Resources

Healthcare providers, contractors and clinics supporting women's healthcare services can find additional, necessary information about our programs online at:

Healthy Texas Women

The Healthy Texas Women program offers women's health and family planning services at no cost to eligible, low-income women. These services help women plan their families, whether it is to achieve, postpone, or prevent pregnancy. They also can have a positive effect on future pregnancy planning and general health.

Providers participating in the Healthy Texas Women program can access necessary information regarding policies, billing forms and more online at:

- [HHS - Information for Providers regarding Healthy Texas Women Services, Patient Enrollment and Eligibility, Payments, and More](#)
- [Texas Medicaid & Healthcare Partnership \(TMHP\) - Healthy Texas Women program](#)
- [FY17 Healthy Texas Women Policy and Procedure Manual](#)
- [The Texas LARC Toolkit: Texas Medicaid Policy on Providing Long-Acting Reversible Contraception Services](#)
- [The Texas Clinician's Postpartum Depression Toolkit: A resource for Texas clinicians on screening, diagnosis and treatment of postpartum depression \(PPD\). The toolkit also includes coverage and reimbursement options for PPD through Medicaid, CHIP, the Healthy Texas Women program, the Family Planning Program, and other referral options.](#)



TEXAS
Health and Human
Services

The Texas LARC Toolkit



TEXAS
Health and Human
Services

THE TEXAS **Long-Acting Reversible Contraception** TOOLKIT

Volume 2

*A resource for Texas health care providers
to support access to long-acting reversible
contraception (LARC)*

June 2018



TEXAS
Health and Human
Services

18D0707 HHS MEDIA SERVICES • JUNE 2018

The Texas LARC Toolkit

Organization of the Toolkit

- Planning for program initiation
- Training of clinical and support staff
- Patient counseling and education
- Patient protocols and procedural aspects
- Billing and reimbursement



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Organization of sections

- Evidence-based content
- In the clinic
- In the hospital (i.e., immediate postpartum [IPP])
- References
- Resources for patients and providers



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Planning for program initiation

- Things to consider prior to implementing a LARC program
- In the clinic
- In the hospital (i.e., IPP)
- References
- Resources for providers



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Training of clinical and support staff

- Determining medical eligibility
- Training resources
- Clinic vs. hospital
- References
- Resources for:
 - Providers
 - Support staff
 - Patient educators



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Patient counseling and education

- General considerations
 - Broad range of family planning methods
 - Patient-centered, shared decision-making
 - Examine our own preconceptions
- Timing of counseling
 - IPP - Prenatal clinic best
 - Clinic - Same-day if possible



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Patient counseling and education

- Relative method effectiveness
 - Broad ranges for most methods
 - LARC most effective reversible
- Risks, benefits, side effects, how they work
 - IUD- and implant-specific



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Patient counseling and education

- Effects on breastfeeding
- Myths and misconceptions corrected
 - Provider
 - Patient
- References
- Resources for patients and educators



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Patient protocols and procedural aspects

- Timing of insertion
 - Clinic
 - Same day if reasonably certain she is not pregnant
 - Hospital
 - IUD - Immediate postplacental
 - Implant – Before discharge
- Sexually transmitted infection screening per routine guidelines



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Patient protocols and procedural aspects

- Antibiotic prophylaxis
 - No benefit
 - If evidence of infection, treat first
- Pain with insertion
 - Topical lidocaine
 - Misoprostol – increased pain in most studies
- Backup contraception
- References



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Billing and reimbursement

- Coding for LARC services
- Coverage for uninsured Texas women
 - Medicaid – Traditional and managed care
 - Healthy Texas Women
 - Family Planning Program
 - Eligibility and application



The Texas LARC Toolkit

Billing and reimbursement

- Billing for LARC devices and services
 - Clinic
 - By program (e.g., HTW, FPP) and provider type
 - Hospital
 - Medicaid MCO contact information
 - Emergency Medicaid – by MOU with Family Planning Program contractor



TEXAS
Health and Human
Services

HealthyTexasWomen.org

TEXAS Health and Human Services

HEALTHY TEXAS WOMEN

Am I Eligible? | Find a Doctor | Provider Resources | Sitemap | En Español

Home | Healthcare Programs | Find a Doctor | Health Topics | About | Contact

Take Charge of Your Health

From annual exams and family planning to disease screenings and treatments, we've made it easier to find the women's healthcare services you need.

If you're looking for information on benefits and programs related to Hurricane Harvey, visit the HHS Hurricane Harvey Disaster Assistance page.

Follow the links below to find a doctor in your community and learn if you may be eligible to receive free or affordable health services.

Find a Doctor

Am I Eligible?



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Billing and reimbursement

- Acquiring LARC devices
 - Buy and bill method
 - Pharmacy method (available for clinic use under some programs)



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Buy and Bill Method

- Provider orders LARC devices directly from the manufacturer or through a third party distributor, and maintains the device on-site in general stock
- When a patient requests a LARC method, the provider pulls from on-site stock – allows same-day service
- Provider files a claim for both the LARC device and the insertion procedure



TEXAS
Health and Human
Services

The Texas LARC Toolkit

Pharmacy Method – HTW and Medicaid

- Provider orders a LARC device from designated specialty pharmacy for a particular patient
- Pharmacy dispenses the LARC device to provider for specified patient; pharmacy bills Medicaid or HTW for the device and receives reimbursement
- Provider bills Medicaid or HTW only for the insertion procedure, not the device itself



TEXAS
Health and Human
Services



TEXAS
Health and Human
Services

Questions?
