Texas has the fourth highest teen birth rate nationwide. Although Texas teen births rates declined by 46% between 2007 - 2015, this trend is not uniform across the state. While border counties also have seen decreasing rates of teen birth, the pace of decline has been slower and rates remain significantly higher than the state as a whole.

A baby is born to a teen mother every 3 hours in the Rio Grande Valley.

With 1,706 adolescent births, Hidalgo County had the fifth highest count of teen births in the state in 2016. Cameron County was the seventh highest, with 840 teen births. Additionally, these counties have relatively high proportions of births to the youngest teens, including those under the age of 15.