Recruiting and Training Trusted Adults

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Objectives

• By the end of the presentation participants will be able to:
  • state what it means to be Trusted Adult regarding sexual health topics;
  • list the benefits of having Trusted Adult in youth serving agencies and organizations and;
  • state the purpose of a Trusted Adult training program for their organization.
Disclaimer

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The North Texas Alliance to Reduce Teen Pregnancy is a non-partisan, non-profit organization that seeks to improve the quality of life for children, families, and communities by preventing unintended teen pregnancies.
The North Texas Alliance to Reduce Unintended Pregnancy in Teens

Our vision is that every young person in our community has the opportunity to set goals, plan an education and a career, and become self-sufficient before becoming a parent.
When you were an adolescent...
Roadmap

- Making the Case
  - Defining Askable Adult
  - Recruit Askable Adults
- Training Askable Adults
  - Support
What is a Trusted Adult?

A Trusted Adult is someone who...

- Is able to have honest and respectful communication with youth about sexuality,
- Advocates to support youth in making healthy decisions regarding their sexuality,
- Gives non-judgmental information
- Provides referrals to community resources
What is an Trusted Adult?

• An Trusted Adult is not...
  • Telling youth what to do and what not to do
  • Deceiving or frightening youth about sex
  • Criticizing or judging youth for their decisions
Brain Storm #1

How do you define a trusted adult?
Roadmap

Making the Case

Defining Askable Adult

Recruit Askable Adults

Training Askable Adults

Support
Making the Case: Young People

• Need someone to talk to
• Have a lot of questions and concerns
• Receive false information else where
Making the Case: Your Organization

• Your staff can’t be everywhere all the time
• People who aren’t you, but also aren’t the parent have a vital role
• Create culture change
• Brand awareness
Brainstorm #2

Why would you or your organization want Trusted Adults?

What how can you increase the reach and goal of your mission?

How can you better serve young people?
Training: Change Behavior

• Trusted Adults are not the experts, you are
• Do not need to have all of the answers, know where they are
• Understand the “policy”
• Barriers
Training: Desired Behavior

• Medically accurate responses to basic questions
• Refer to resources
• Be non-judgmental, non-shamming
• Connect with experts
Brainstorming #3

What do you want the trusted adults to do?
What is the direct benefit to the young people?

To your organization?
Recruiting Trusted Adults

• Who are your current supporters?
• Offer as professional development to school personnel
• CBO staff, “youth serving professionals”, Mentor based organizations
Brainstorm #4

Who is currently in your network?

Who do you already have access to?

Who could help create a culture change?
Roadmap

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Support

Start the Conversation
Ways to talk about sex with the people in your life

I want to talk about

birth control +

with my
friends +

VIEW

Facts
Young mothers are 6 times more likely to experience persistent poverty than girls without children.

SOURCE: ntarupt.org

Read More >
Questions?

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