Welcome to the Texas Campaign to Prevent Teen Pregnancy’s 8th Annual Symposium

On behalf of the Texas Campaign to Prevent Teen Pregnancy, we welcome you to our 8th Annual Symposium – Forging Ahead: The Challenge of Change! With more than 30 sessions and 50 speakers, this year’s group of experts will focus on ways to elevate our work while providing the information you need to become more informed, proactive, and adaptable. We want to ensure that Texas teens have the support, knowledge and resources they need to make informed decisions about their health and futures.

The Texas Campaign is also celebrating a milestone – the 10-year anniversary of our founding. Formed in 2009 to address the dismal state of sex education in Texas, we’ve grown into a staff of six dedicated professionals focused on reducing the high rate of teen pregnancy through research, advocacy, collaboration and training. Another cause for celebration? The decline in teen birth rates across the Lone Star State. Between 2007 - 2016, the Texas teen birth rate declined by 52%.

However, there is much left to accomplish, particularly with high-risk groups such as foster, homeless, and rural youth. Even with the significant declines, Texas still maintains one of the highest rates of teen birth, and repeat teen birth in the nation. Approximately 27,000 Texas teens gave birth in 2017.

Considering the number of professionals attending this year’s Symposium, it’s evident that we have a shared commitment to improving the quality of life for Texas adolescents and their families, and we are confident that with you by our side, we can continue to make an impact on all those who call Texas home.

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Registration Table
The registration table is located in the Pre-Function Area on the Main Level. If you need information or assistance, registration staff are available to assist you.

Badges
Participants must wear their identification badges at all times to gain admission to sessions. If your badge is lost or misplaced, a replacement may be obtained at the registration table.

Session Attendance Verification
For Symposium attendees seeking continuing education credit, please complete the Verification of Attendance (VOA) form located in your event program. All forms need to be placed in the VOA drop box located at the registration table before you leave. Certificates will be emailed out by May 6, 2019.

Mobile Phones and Other Communication Devices
To maintain the educational environment, we ask that you please turn off or silence your mobile phones and electronic communication devices before entering session rooms.

Disclaimer
Opinions expressed by event participants and presenters do not necessarily represent the position of the Texas Campaign to Prevent Teen Pregnancy.

Video, Photographs and Quotations
Program organizers will be taking video and photos of the speakers and participants and may use excerpts from written materials or correspondence provided by speakers or participants for use in future promotional materials. If you do not wish to have your likeness, materials or correspondence used, you must advise the Texas Campaign (info@txcampaign.org) by April 16, 2019.

Organizer’s Contact Information
For questions, contact: Texas Campaign to Prevent Teen Pregnancy, 1023 Springdale Road, Bldg. 1, Ste. J, Austin, Texas 78721, 512.387.0380; info@txcampaign.org.

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Parking
Day self-parking is complimentary in the hotel parking lot. Discounted self-parking for overnight guests is $10 per night. Valet parking is $15.00.
**CE INFORMATION**

**Texas Department of State Health Services, Continuing Education Service**

Continuing education credit/contact hours for this event are provided by The Texas Department of State Health Services, Continuing Education Service and include the following:

**Continuing Medical Education (CME):**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of The Texas Department of State Health Services, Continuing Education Service and The Texas Campaign to Prevent Teen Pregnancy. The Texas Department of State Health Services, Continuing Education Service is accredited by TMA to provide continuing medical education for physicians.

The Texas Department of State Health Services, Continuing Education Service designates this live activity for a maximum of 10.50 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This course has been designated by The Texas Department of State Health Services, Continuing Education Service for 3.25 credits of education in medical ethics and/or professional responsibility.

**Continuing Nursing Education (CNE):**

The Texas Department of State Health Services, Continuing Education Service is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. The Texas Department of State Health Services, Continuing Education Service has awarded 10.50 contact hours of Continuing Nursing Education.

**Social Workers (SW):**

The Texas Department of State Health Services, Continuing Education Service under sponsor number CS3065 has been approved by the Texas State Board of Social Worker Examiners (https://dshs.texas.gov/socialwork) to offer continuing education contact hours to social workers. The Texas Department of State Health Services, Continuing Education Service has awarded 10.50 contact hours of Continuing Social Work Education. This course has been designated by The Texas Department of State Health Services for 3.25 contact hours of education in professional ethics and social work values.

**Certified Health Education Specialists (CHES):**

Sponsored by The Texas Department of State Health Services, Continuing Education Service, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) and/or Master Certified Health Education Specialists (MCHES) to receive up to 10.50 total entry-level Category I contact education contact hours.

**Licensed Marriage and Family Therapists (LMFT):**

The Texas Department of State Health Services, Continuing Education Service is an approved provider (#10359) by the Texas State Board of Examiners of Marriage and Family Therapists to offer continuing education contact hours to Licensed Marriage and Family Therapists. The Texas Department of State Health Services, Continuing Education Service has awarded 10.50 contact hours for Licensed Marriage and Family Therapists and 3.25 contact hours in professional ethics for Licensed Marriage and Family Therapists.

**Licensed Professional Counselors (LPC):**

The Texas Department of State Health Services is an approved provider (#690) by the Texas State Board of Examiners of Professional Counselors to offer continuing education contact hours to Licensed Professional Counselors. The Texas Department of State Health Services, Continuing Education Service has awarded 10.50 contact hours for Licensed Professional Counselors and 3.25 contact hours in professional ethics for Licensed Professional Counselors.

**Licensed Chemical Dependency Counselors (LCDC):**

Provider (Texas Department of State Health Services, Continuing Education Service) approved by the TCBAP Standards Committee. Provider Number 2026-18, 10.50 hours general and 0 hours clinical supervision. Expires annually on August 31. Complaints about provider or workshop content may be directed to the TCBAP Standards Committee, 402 Ranch Road 620 S., Ste. 210, Austin, Texas 78734, Fax No. (888) 506-8123.

**Licensed Psychologists (LP):**

The Texas Department of State Health Services is authorized by the Texas State Board of Examiners of Psychologists as a (c)(2)(A) provider of professional development hours for licensed psychologists. Per the Texas State Board of Examiners of Psychologists Act and Rules, at least half (10) of the required 20 hours of professional development must be obtained by a provider listed in section (c)(2)(A). The Texas Department of State Health Services, Continuing Education Service has awarded 10.50 contact hours for Licensed Psychologists and 3.25 contact hours in professional ethics for Licensed Psychologists.

**Certified in Public Health (CPH):**

On 10/18/2017 the Texas Department of State Health Services, Continuing Education Service was awarded multi-event provider status (ID #1360) by the National Board of Public Health Examiners to award CPH continuing education credits. This activity has been awarded 10.50 credits.

**Certificate of Attendance:**

The Texas Department of State Health Services, Continuing Education Service has designated 10.50 hours for attendance.

**Texas Education Agency**

**Continuing Professional Education (CPE):**

The Texas Campaign to Prevent Teen Pregnancy is an approved provider of continuing education credits by the Texas Education Agency, provider #902-395.

**DSHS Community Health Workers - Promotor(a) or Community Health Worker Training and Certification Program**

**Community Health Worker (CHW):**

Symposium sessions can apply to non-CHW certified classes and count toward CHW certification and renewal. A maximum of 10.50 hours are available if the entire Symposium is attended.

Attendees seeking continuing education credit must do the following to complete the CE application:

1. Fill out the Verification of Attendance (VOA) form in your packet.
2. Scan your badge when you enter each session.
3. Turn in your VOA form to the Registration Desk before leaving the Symposium.
4. Complete an electronic evaluation for EVERY session you attend.

You will also receive an email with a summary of the sessions you scanned into and a link to each evaluation you need to complete.
A Big “Thank You” to our Sponsors who helped make the 8th Annual Symposium possible!

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Founded in 2009, The Texas Campaign to Prevent Teen Pregnancy is a statewide nonpartisan organization that aims to reduce teen pregnancy through research, advocacy, collaboration and training.

Throughout 2019, we are celebrating our anniversary by meeting new friends, spreading the word about our goals and asking for donations – all to amplify the impact of our work. The Texas Campaign helps expand opportunity, creates positive social change, and allows young people to be stronger contributors to their communities.

Stand with us as we fight for the future of Texas.

www.txcampaign.org/10
David C. Wiley Award

The Texas Campaign is proud to present Katie Campbell with the 2019 David C. Wiley Award. Katie has been the Parenting Education Program (PEP) Coordinator in Hays CISD for 13 years and is a dedicated advocate for teen parents. Soon after she was hired, she expanded the PEP Program to serve pregnant and parenting students across three campuses, creating a new service delivery model which includes a high school credit parenting class, child care and case management in collaboration with Early Head Start, and additional community partnerships to provide counseling services and other resources, shifting the focus and culture of the program from “at-risk” to “positive youth development.” Katie also developed and maintains an ongoing partnership with Texas State University and their Strengthening Relationships/ Strengthening Families Program, which provides additional resources and support to the PEP program. The partnership expands opportunities for both undergrad and graduate student interns, who serve as mentors and case managers. This in turn provides Texas State students with real-life experience in working with children and families. Katie holds a permanent seat on the Hays CISD School Health Advisory Council (SHAC), and was instrumental in bringing a comprehensive sexuality education curriculum to Hays CISD, along with training for teachers who would be implementing the curriculum. Katie earned her M.A. Ed with the focus of her thesis being the impact of protective factors on interrupting the intergenerational cycle of teen pregnancy within families, using data from the biannual administration of the Youth Risk Behavior Survey in the district high schools. The Texas Campaign is thrilled to recognize Katie because of her ongoing work on behalf of young people in Texas.

The David C. Wiley Award was created to recognize exceptional individuals who have made remarkable contributions to the field of teen pregnancy prevention in Texas through service, leadership, advocacy, or research. People on the forefront of this work, and those who have dedicated the better part of their careers to ending teen pregnancy deserve gratitude for their achievements.

Community Partner Award

The Texas Campaign is honored to present the 2019 Community Partner Award to the People’s Community Clinic, Center for Adolescent Health (CAH), a statewide leader in the provision of care to underserved teens in Central Texas. Founded in 1993, the CAH is the only local comprehensive adolescent medical program for at-risk teens in the area. Each year, the center’s adolescent interdisciplinary team addresses both the immediate and long-term needs of more than 1,000 at-risk youth ages 11-23 in Central Texas. In addition, People’s Community Clinic (PCC) serves as a model clinic for the Texas Youth-Friendly Initiative, a learning collaborative that helps increase the capacity of publicly-funded health clinics to deliver exceptional care to young people aged 10-24. The trailblazing work conducted by the clinicians and staff at the CAH now serves as a model replicated by clinics across the state. Through comprehensive medical, behavioral, and preventive services and partnerships with other community organizations, the CAH emphasizes helping teens and their families navigate the transition to adulthood in a positive way.

The Community Partner Award celebrates fellow organizations that are committed to outstanding work in the prevention of teen pregnancy. This work has been proven to significantly improve the lives of Texas adolescents and their families, and the Texas Campaign is proud to highlight and acknowledge the community partners who are leading the way. It takes a collective effort to advocate for teen pregnancy prevention and only together can we make significant progress towards this important mission.
MONDAY, APRIL 15TH

8:30 AM - 8:45 AM
Welcome/Opening Remarks

Room: Phoenix Central
Molly Clayton, Executive Director, Texas Campaign to Prevent Teen Pregnancy
David Wiley, PhD, Founding Board Member, Texas Campaign to Prevent Teen Pregnancy

8:45 AM - 10:00 AM
Opening Keynote

Staying on the Cutting Edge of Sexuality and Teen Pregnancy Prevention
Room: Phoenix Central
Karen Rayne, PhD, CSE | UN|HUSHED

The world of sexuality covers a wide range of topics. From identity and law to social media and contraception, professionals who are teaching and talking about sexuality need to be prepared to cover a lot of ground. This is complicated by the speed at which these subjects evolve and so require new and emerging information be integrated into classrooms and conversations. When professionals are not up to date, young people miss out on potentially life-saving information. Dr. Rayne uses humor, stories, and specifics to show how some of these topics have evolved through history, the newest and shiniest topics that should be included in cutting edge sexuality education, and finally how to stay on the front line of information about sexuality.

Learning Objectives:
• Identify at least two reasons why staying up-to-date with sex ed related content is important.
• Name at least two resources for staying up-to-date.
Supporting Foster Youth Pregnancy Prevention in Policy and Practice  
**Room: deWitt**

Monica Faulkner, PhD, LMSW | The University of Texas at Austin / School of Social Work/Texas Institute for Child & Family Wellbeing
Tammi Fleming, PhD, CHES | The Annie E. Casey Foundation

For over a decade, research has documented high rates of pregnancy among youth in foster care. However, research is generally limited in that it focuses on females and does not compare foster youth to youth who have had similar trauma experiences. Despite the gaps in research, there is a clear need for interventions to improve sexual health outcomes for foster youth. Among the most important interventions is trauma-informed sexual health education that allows space for processing trauma. Additionally, systems need improved data collection to help us continue to research and monitor this issue.

**Learning Objectives:**
- Cite research and statistics and indicate how youth in foster care are at risk regarding sexual health outcomes.
- Recognize the importance of trauma-informed sex education for youth who have been maltreated.
- Identify data that systems can collect to help us better understand the foster youth and teen pregnancy.

Addressing the Needs of At-Risk Students: Creative Approaches and Resources for Traumatized Youth  
**Room: Phoenix South**

Alicia Young, Bachelor’s in Child Development, Secondary Teaching Credential, Master of Education | New Journey Press
Rachael Asman, Med | New Journey Press

Human nature tends to give up when there’s no end in sight. How do we encourage our at-risk youth to continue their education and not drop out? We must provide options that are not only viable, but that will realistically set them on the path to success.

How do we help these youth overcome their obstacles and find a passion for education? Meet them where they are! Learn creative ways to circumvent the conventional educational options for at-risk youth.

**Learning Objectives:**
- Identify four ways schools can be a structure-social support system.
- Describe several types of trauma experienced by At-Risk Students.
- Name five ways trauma can impact success in school.

Reducing Teen Pregnancy Through Effective Contraception: Best Practices for IUDs, Implants, and Emergency Contraception  
**Room: Austin**

Saul Rivas, MD, MSPH | University of Texas Rio Grande Valley, Department of Obstetrics & Gynecology
Jennifer Salcedo, MD, MPH, MPP, FACOG | University of Texas Rio Grande Valley

In this session, we’ll review best practices for providing LARC to adolescents in a framework of reproductive autonomy. We’ll highlight immediate postpartum LARC, including the innovative implementation of these services at Women’s Hospital at Renaissance. Lastly, we’ll spotlight the role of emergency contraception in pregnancy prevention for teens using less effective methods of contraception.

**Learning Objectives:**
- Describe evidence-based recommendations for the use of intrauterine devices and implants in the adolescent population.
- Recite the advantages and practical challenges of immediate postpartum provision of long-acting reversible contraception.
- Indicate why advance prescription of emergency contraception remains important despite FDA approval of over-the-counter emergency contraceptive pills.

My Life as a Teen Parent: 21 Years Later  
**Room: Phoenix North**

Jessica Mejia, BA Communications and Social Work | Texas State University
Jonis Nava, Teen Ambassador | Texas State University

As a former teen parent, I have worked with teen parents for more than 15 years. My son and I tag team sharing the latest research, data, and statistics, and describe how volunteering with Dr. Realini and Healthy Futures helped educate him as a teen ambassador. We share our struggles and successes via a motivational facilitation approach that helps the sometimes burned out community of social workers and medical professionals. We also describe the communities, programs, and people that were a support system and who were a necessary part of our continued success.

**Learning Objectives:**
- Identify the pros of having community support as a teen parent family versus not having the support/resources.
- Illustrate the differences between a teen mom perspective and a teen parent’s child’s perspective.
11:30 AM - 12:45 PM  
**Lunch and Learn**

*Session sponsored by Medicines360*

**Room: Phoenix Central**

Mouhamed Mouctar Diallo, National Public Sector Associate Director | Medicines360

Join us for a lunch and learn where you will learn more about Medicines360, a global non-profit mission driven pharmaceutical company, whose mission is to expand access to medicines for women regardless of their socioeconomic status, insurance coverage, or geographic location. Learn more about Medicines360, including their partnerships and the development of their product, LILETTA.

11:30 AM - 2:00 PM  
**IUD Training**

*IUD Training with Kyleena, Mirena, and Skyla*

**Room: deZavala**

Provided by Bayer  
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1:00 PM - 2:00 PM  
**Breakout Sessions**

"**Asking for a Friend**: An Exploration and Practicum in Cultivating Safe Spaces for Anonymous Questions"

**Room: Austin**

Joan Miller, Executive Director, Uplift | Planned Parenthood of Greater Texas

Susana Contreras | Planned Parenthood of Greater Texas

This workshop will provide practical hands-on opportunities to explore cultural competency and positive intent behind student questions. Participants will also be given time to practice providing comprehensive answers using trauma-informed language.

**Learning Objectives:**

- Identify the objective of student questions within the categories of: requesting information, "Am I Normal", permission-seeking, shock value, personal beliefs, or values.
- Engage in reflexive assessments to consider cultural and social spheres shaping student questions to provide positive intent when needed.
- Respond to student questions using trauma-informed and inclusive language.

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Managing Sex Education Controversy: The North East ISD Success Story

Room: Phoenix South

David Wiley, PhD, MCHES | Texas State University
Rachel Naylor, MEd | North East ISD
Melissa Munsell, MEd | North East ISD

In 2016, North East ISD (San Antonio) adopted an evidence-based sexuality education curriculum for use in their middle schools. The district followed all applicable state laws provided in the Texas Education Code (TEC), including the involvement of the School Health Advisory Council (SHAC) in reviewing and evaluating different curricula. Still, opposition surfaced in the community to the decision and critics used a variety of strategies to create controversy about the decision. Misleading social media posts, robocalls, multiple open records requests, and an “evaluation” of the curriculum by one of the opponents were a few of the strategies used to sew seeds of controversy in the community. The school district countered the opponents by mobilizing a supportive and engaged administration and use of a coordinated communication plan. To be presented are the guidelines of the TEC, NEISD’s curriculum adoption process, strategies used by opponents, and successful techniques to counter opposition.

Learning Objectives:
- List the five elements of the Texas Education Code related to curriculum adoption and how NEISD structured their local adoption process.
- Identify three strategies used by opposition to create controversy in the community.
- Describe four proactive strategies used by school district officials to counter the claims by opposition groups.

Beyond the Clinic Walls: Unleashing the Power of Youth-Centered Service

Room: deWitt

Elaine Cray, MPHE | Texas Campaign to Prevent Teen Pregnancy
Leticia Tenorio, CCHW | Matagorda Episcopal Health Outreach Program (MEHOP)
Toddie Garcia, LMT, CCHW | Matagorda Episcopal Health Outreach Program (MEHOP)

Participants of this session will learn about core components of youth-centered care and practical applications for both health and social service professionals. Certified community health workers will share lessons learned through participation in the Texas Youth-Friendly Initiative (TYFI), a project that builds the capacity of health centers to transform service delivery to youth, ages 10-24. The speakers will highlight their successes with youth engagement, staff development and parent education and explore applications of these practices in multi-disciplinary settings. This session is geared toward youth-serving professionals seeking to create an environment of service that reflects youth’s values, needs and desire for empowerment.

Learning Objectives:
- Recognize the value of services that respond to the needs and values of adolescent patients.
- Identify core components of youth-friendly care.
- Describe practical applications of youth-friendly approaches multidisciplinary settings.

Oct. 28-30, 2019 • New Orleans • Healthy Teen Network’s 40th Annual Conference

Conference.HealthyTeenNetwork.org
Teen Pregnancy Prevention and Reproductive Justice
Room: Phoenix North
Veronica Ray Whitehead, MEd., CHES | North Texas Alliance to Reduce Unintended Pregnancy in Teens

The development, funding, and prioritization of evidence-based teen pregnancy prevention (TPP) programming has helped further legitimize the necessity for programming beyond practitioners in the field. Many current evidence-based programs rely heavily on the disease prevention model. While this approach provides vital information, implementing organizations tend to lean towards the disease prevention model with their overall view of TPP. In this session, participants will learn why a reproductive justice framework may be necessary in order to meet the social and reproductive needs of teens and families today.

Learning Objectives:
• Define the Reproductive Justice Framework.
• Relate the Reproductive Justice Framework to their current organizational teen pregnancy prevention approach.
• Apply the Reproductive Justice Framework to teen pregnancy prevention.

With support from trained caring adults, young people can impact communities in powerful, dynamic ways.

The Texas Youth Action Network offers trainings, technical assistance, and more to help organizations build youth-adult partnerships that empower youth and build programs and policies that are responsive to the needs of young people.

See how we can partner with your organization at: tyan.tamu.edu
**2:15 PM - 3:15 PM**

**Breakout Sessions**

### Teen Wellness: How Teen Pregnancy Prevention can Open the Door to Comprehensive Health Care and Services  
**Room: Austin**

Aida Ponce | Project Vida Health Center  
Carmen Zuniga-Hernandez | Project Vida Health Center

Wellness is a framework that can guide us in consistently providing integrated health and social services to youth and their families. Project Vida Health Center (PVHC) implemented a Teen Pregnancy Prevention (TPP) strategy, POWER 4-Uth, using Wellness as a framework and the Promotora model as guiding values. By utilizing this framework and set of values, POWER 4-Uth was able to identify and address needs beyond sexual and reproductive health, and generate new initiatives that address one of the most pressing needs: mental health.

**Learning Objectives:**
- Describe why Wellness as a framework can set the tone for integrated health and social services.
- Identify strategies that can be used to incorporate wellness into their own initiatives.

### #SexyPowerEd: Supporting and Empowering Teachers who Facilitate Sexual Health Education  
**Room: Phoenix South**

Janet Realini, MD, MPH | Healthy Futures of Texas

Healthy Futures of Texas will share their strategy for working with school district personnel to increase the professional capacity of teachers to facilitate sexual health education. In this interactive session, participants will hear from project staff about the strategic approach to professional development, from teachers about their needs and experiences with professional development in the Big Decisions study project, and from other participants about their perspectives on teacher/facilitator professional development needs in the field of sexual health education.

**Learning Objectives:**
- Describe the professional development education requested and received by individuals in this project.
- Describe the importance of professional development for individuals who teach about sexual health education.
- List 3 topics that you would recommend for professional development of facilitators of sexual health education.

### Using History to Inform Anti-Racist Youth Leadership Development Today  
**Room: Phoenix North**

Angelica Benton-Molina | Austin Healthy Adolescent Program / Austin Public Health

What does being anti-racist mean? This session will offer an overview of the historical context and development of race/racism as it relates to sexuality. And will examine why leaving race/racism out of social determinants in determining disparities is problematic and does not work to change disparate outcomes for people of color. Participants will learn why it’s important for youth to know history and how a historical perspective is damaging and perpetuates racism. In the session, we will work to define the difference between equality, equity and systemic change and why they are critical to positive Youth Leadership Development (creating space for Youth led initiatives and organizations). Participants will learn tools and strategies to begin to implement an anti-racist lens and framework into their workplace/space. This presentation will only be an introduction to these terms and we will provide information to participants regarding specific workshops, and opportunities for further development regarding this topic. We will also provide a bibliography for further study.

**Learning Objective:**
- Analyze Positive Youth Leadership Development as it relates to racism and anti-racist work.

### Contraceptive Counseling for Homeless and Unstably Housed Youth  
**Room: deWitt**

Meera Beharry, MD | McLane Children’s Medical Center, Baylor Scott & White  
Celia Neavel, MD, FASHM, FAAFP | People’s Community Clinic

Dr. Beharry and Dr. Neavel will present up-to-date research and recommendations for providing contraception to homeless and unstably housed youth. They will focus on aspects of counseling and special considerations for this highly vulnerable population. They will include detailed information on ways that all providers who are working with youth can help make sure that they are choosing methods that are best tailored to the young person’s needs. They will also include information for special subpopulations of youth, such as LGBTQ youth.

**Learning Objectives:**
- Describe the unique issues facing youth who are homeless or unstably housed when choosing contraception.
- Identify resources to help guide contraceptive decision making.
- Apply appropriate interview, counseling and motivational interviewing skills for youth seeking advice on contraception.

**3:30 PM - 4:30 PM**

**IUD Training**

**IUD Training with Liletta  
Room: deZavala**

*Provided by Medicines360  
Clinicians Only*
MONDAY, APRIL 15TH

3:45 PM - 5:00 PM
Plenary Session

Panel: Challenges in Consent, Confidentiality and Reporting Requirements for Texas Teens
Room: Phoenix Central

Celia Neavel, MD, FASHM, FAAFP | People’s Community Clinic
Keegan Warren-Clem, JD, LLM | Austin Medical-Legal Partnership
Will Francis, LMSW | National Association of Social Workers - Texas Chapter

Texas laws governing minor consent to health care, confidentiality, and mandatory reporting are among the most complex and confusing in the nation. Youth-serving professionals such as social workers, educators, and clinicians can face civil or even criminal liability as a result of not following these laws, but many professionals have an unclear understanding of what is required of them. Additionally, some reporting laws discriminate against LGBTQ youth, presenting ethical challenges to providers. This panel will feature experts from the fields of medicine, social work, law, and public policy and will focus on challenges related to minor consent to physical and mental health care, confidentiality, and mandatory reporting requirements. Special consideration will be given to access to contraception and reproductive health care, and the needs of LGBTQ youth.

Learning Objectives:
- Define how Texas laws impact provision of sensitive health care services—including sexual and reproductive health care to minors.
- Identify criminal liability that clinicians, social workers and educators may face if they do not comply with the laws.
- Describe ways clinicians, social workers, and educators can meet the needs of LGBTQ youth.

5:00 PM - 6:30 PM
Networking Reception

Texas Campaign 10 Year Anniversary Celebration and Networking Reception
Room: Phoenix Foyer

The Texas Campaign is celebrating 10 years of service and we would love you to join us for complimentary light bites and a drink at a special reception in the exhibitor area. We are excited to recognize the founding members of our organization, and our friends and partners, while also making a toast to our continued progress of reducing teen pregnancy rates across the state. Raffle tickets are available at the 10 for 10 booth located by the registration table. Prizes include an exciting night out in Austin, jewelry from designer Kendra Scott, and a mobile car detail service, among others! Winners will be drawn at the reception. See you there!

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St. David’s Foundation salutes

The Texas Campaign to Prevent Teen Pregnancy’s 8th Annual Symposium

Through the power of partnership, St. David’s Foundation will invest more than $75M in the health of Central Texans in 2019, with a vision of building the healthiest community in the world.

Left to right: A St. David’s Neal Kocurek Scholar studies at UT; volunteers with Texas Ramp Project help construct a ramp for an elderly neighbor; a St. David’s Dental Program dental assistant teaches proper brushing techniques; Meals on Wheels workers create thousands of meals a day.

stdavidsfoundation.org
8:00 AM- 10:00 AM
Implant Training

Implant Training with Nexplanon
Room: Robertson
Provided by Merck
Clinicians Only

8:30 AM - 10:00 AM
Breakout Sessions

Two-Part Session
PART 1: Santa Rosa ISD: A Holistic Social Work Approach to Student Success in Hispanic Students
Room: Austin
Maribel Lopez, LMSW | Santa Rosa ISD
Attendees can expect to learn the impact of a social work model in the education system in regards to teen pregnancy prevention, HIV/STD prevention, and other factors that may impede student success. This model is an important approach to successfully impact a student's overall decision-making skills. Middle school and high school students in Santa Rosa ISD have received social work services in conjunction with an evidence-based curriculum to address social emotional issues that impact student decisions about safe sex. Social workers are utilized to aid students and parents concerning absenteeism, behavior issues, and promotion/graduation rates. This approach is applied to the district's afterschool program as well.

Learning Objectives:
- Identify the six components of a social work model when working with Hispanic students in the education system.
- Indicate three cultural values that influence attitudes and beliefs that promote risky behavior in Hispanic students.
- Describe three programs that are being utilized in Santa Rosa ISD to promote student success.

PART 2: Tools for Successful Collaborative Community-Based Reproductive Health Education in Texas
Nancy Trevino-Schafer, PhD | Texas A&M AgriLife Extension
Taiya Jones-Castillo, LBSW, CHWI | TDSHS, Public Health Region 1
Having a best-of-fit educational program is important for meeting people where they are. This session will cover strategies that the Lubbock Area Teen Pregnancy Prevention Coalition has utilized to build successful reproductive health education programming in a changing (but still very conservative) West Texas community. This session will discuss how to identify which topics to cover; how to select an evidence-based reproductive health education curriculum; and, who to invite to participate in presenting and attendance. We will also explore how to build community ownership and promote programming to diverse groups. We will share lessons we have learned working in reproductive health and healthy sexuality education for more than 10 years.

Learning Objectives:
- Define what evidence-based, research-based, and effective curriculum are and how to identify them.
- Describe how to find and understand local research reports that can help determine and advocate for these topics based on scientific evidence (aka “The Numbers”).
- List ways to build successful community partnerships and increase community ownership in reproductive health education.

Two-Part Session
PART 1: #teenpregnancy on Instagram: Lessons to Reach Teens in 2019
Room: Phoenix Central
Mindy Menn, PhD, MCHES | Texas Woman’s University
The purpose of this presentation is to examine how teen pregnancy is discussed and framed on Instagram. Many teens in Texas and across the United States are engrossed in social media. Attendees can expect to learn cutting-edge information regarding the conversations around teenage pregnancy experiences that are shared on Instagram and to leave the session with guidance on how to create relevant teenage pregnancy prevention messages for Instagram-using teens in Texas.

Learning Objectives:
- Identify how teen pregnancy is framed on Instagram.
- Describe one trend regarding teenage social media use in America.
- Identify one action item to address after the session.

PART 2: More than Program Participants: Parents Informing the Field
Veronica Ray Whitehead, MEd, CHES | North Texas Alliance to Reduce Unintended Pregnancy in Teens
Jessica Chester, CHS, CLC | Parkland Hospital
Jenifer Hernandez, CHW | North Texas Alliance to Reduce Unintended Pregnancy in Teens
Brianne Walker, MEd | Homemaker
Parents are the best people in a young person's life to provide information regarding sexual and reproductive health. As the experts of their families, it is important for the field of teen pregnancy prevention to engage parents not just as program participants but as crucial allies of the field. The only way to be informed on the needs of parents is to ask parents themselves. In this session, attendees will hear the experiences and lessons learned from three parents of children in elementary through high school on how they have had “the talk” with their children and how they maintain continuous conversation on this topic. A sexual health educator will also join the session to share different lessons learned from parent and youth programming.

Learning Objectives:
- Describe why parents need to be engaged beyond program participation.
- Identify three ways to support parents in talking about sexual and reproductive health with their children.
- List three parent education resources.
Two-Part Session

PART 1: The Texas Youth Action Network: Moving Youth Development Forward in Texas

Room: deWitt

Emily Naiser, MPH | Public Policy Research Institute, Texas A&M University
David Cabrera, MPA | Public Policy Research Institute, Texas A&M University

This session will discuss the use of youth adult partnerships in Texas through the Texas Healthy Adolescent Initiative (THAI). Program evaluation findings have shown that youth adult partnerships (YAPs) can develop youth resiliency skills (e.g., voice, engagement, self-efficacy, self-esteem) but specific grant restraints can hinder these partnerships from achieving full potential. In this session, we will present the findings of the THAI program from 2014-2018 and how these findings are driving a new model of youth engagement in Texas. Organizations that participate in this new model (now called the Texas Youth Action Network (TYAN) as part of the THAI program) receive training and supports tailored to their needs, access to variety of youth development resources, small grants and networking opportunities.

Learning Objectives:
• Describe a way to reach out to youth and interested adults with the goal of building a successful, youth-adult partnership that addresses community needs.
• Define the theory of change that forms the foundation of the THAI program and the support for this model.

Part 2: A Powerful Look at the Young Parent Perspective Through Photovoice

Tracy Parks | Engenderhealth
Rebecca Shirsat | EngenderHealth

EngenderHealth’s team of peer educators and program coordinators will take session participants through a visual and conversational journey of the impact of community resource access and how that influences the overall health of a young person and young parents by showcasing the Re:MIX team’s photovoice project. Photovoice is a participatory action research project that combines writing and photography to capture the elements of a person’s experience with the goal of better understanding their environment, and factors that influence their access to necessary health resources. This interactive session will break down the results of EngenderHealth’s photovoice project, through the lens of young parents.

Learning Objectives:
• Describe factors that contribute to the health of young people and young parents.
• Relate why social determinants of health are essential in understanding the experiences of young people and young parents.
• Identify key resources that promote health in the lives of young people and young parents.

Promoting adolescent health and wellness by encouraging positive youth development and healthy life choices.

Come visit our table!
Boys Should Be Boys: Redefining Masculinity, Consent, and Accountability for Today’s Adolescent Male

Room: Phoenix South

Ariel Kirklen, MPH, CHES | Planned Parenthood of Greater Texas
Samantha Bohrt, MPH | Planned Parenthood of Greater Texas

During this session, participants will discuss the impact of lack of consent and unhealthy relationships on teen pregnancy. The session will conclude with focusing on where the work lies in reshaping how we approach conversations and strategies for young men to frame their ability to maintain healthy relationships and approach consent with tools that contribute positively to the community, their self-efficacy, and the avoidance of risky behaviors that could ultimately result in the prevention of teen pregnancy.

Learning Objectives:
• Describe three ways in which unhealthy relationships and lack of consent contribute to unintended teen pregnancy.
• Relate how the perception of societal expectations and toxic masculinity results in a negative impact on boys’ ability to express emotional vulnerability.
• Name three strategies that can be used to assist boys in developing healthy communication skills, setting and respecting boundaries, and managing emotions.

10:00 AM - 11:30 AM
Breakout Sessions

Developing a Supportive Team Culture for Program Sustainability

Room: Phoenix North

Sara Reeves, MS, CHES | LifeWorks
Cory Hall-Martin, MSW | Lifeworks

In this session geared towards managers and supervisors, participants will learn strategies for proactively creating a positive and supportive team culture. Session themes include: appreciating and using staff differences, managing positively, and using staff voice. Participants will hear examples of strategies used and leave with resources and tools that can be used in practice with their own teams. Participants will have the opportunity to share what has worked for them, assess what they are currently doing to create a resilient team culture, and develop an action plan.

Learning Objectives:
• Describe how creating a supportive team culture supports program sustainability.
• Identify at least two strategies/tools for building supportive teams to put into practice.

An Overview of Public Health Initiatives and Women’s Health Services in Texas

Room: Phoenix South

Viveca Martinez | Texas Department of State Health Services
Rebecca Sorensen | Texas Health and Human Services

The Texas Health and Human Services Commission is focused on improving the health, safety and well-being of all Texans. This mission is met from both a public health and client service perspective. The Texas Department of State Health Services focuses on public health initiatives related to improving the overall health and well-being of Texas adolescents. Learn about current data-informed trends; best practices for youth, community, and stakeholder engagement; and strategies to improve adolescent health holistically. Attendees will also learn about HHSC client service programs and resources available to women of child-bearing age in Texas.

Learning Objectives:
• Describe how to use data to create/improve systems for young people.
• Identify best practices for youth engagement.
• Identify strategies and client service programs to improve adolescent health in their community.
Youth Advocates: Leaders of Today

Room: Austin

Eleni Pacheco | Healthy Futures of Texas
Leah Gonzalez, MSSW | Healthy Futures of Texas

What motivates youth to be involved in advocacy, change, and stay engaged throughout a school year? You’ll find out here! In this interactive session, attendees will learn about the kinds of platforms youth need to feel most heard by elected officials and their community. Information will be distributed on how to access policy information and how to schedule meetings with elected officials that community members can use to further help youth share their personal stories and testimonials. The session will end with adults understanding how to give teens the opportunities to step into advocacy roles.

Learning Objectives:
• Identify appropriate and effective paths to access and schedule meetings with elected officials.
• List three components of state/policy making that youth are able to participate in at a grassroots level.
• Describe at least three youth-friendly approaches to building self-efficacy in advocating to elected officials.

1:30 PM - 2:30 PM
Breakout Sessions

Trauma and Teenagers: How to Create a Health Culture for Youth

Room: Phoenix North

Rob Thurlow, LMSC | Lifeworks

This presentation will focus on trauma and creating a healing culture for youth. Through open dialogue with emerging adult survivors of complex trauma, we will explore the factors beneficial to creating a healing culture, one which recognizes and realizes the impact of trauma, and responds in ways that promote healing and resiliency. This presentation includes video content and discussions with youth as well as opportunity for processing case scenarios to practice new skills.

Learning Objectives:
• Define trauma as it pertains to teens and describe why trauma-informed care is important when working with teens.
• Identify stress cues in youth that may indicate they are being triggered due to a current/past trauma.
• List ways to make your workplace more welcoming to traumatized teens.

The State of the State: Teen Pregnancy in Texas

Room: Phoenix South

Jennifer Biundo, MPAff | Texas Campaign to Prevent Teen Pregnancy

A baby was born to a teen mother once every 18 minutes in Texas in 2016. Despite strong declines since the 1990s, Texas consistently maintains one of the highest rates of teen birth, and repeat teen birth in the nation. This session will offer a deep dive into the most current data around teen pregnancy and birth trends in Texas, and will outline the policy landscape shaping those trends. Attention will be focused on vulnerable populations, including youth with a trauma history and teens at risk of repeat pregnancy. The session will examine evidence-based prevention strategies, and will illustrate how youth-facing professionals can make a crucial impact by empowering teens to take charge of their reproductive health and by supporting youth who already are parents.

Learning Objectives:
• Describe trends in Teen birth rates in Texas over time, including disparities among populations, geographic variation, repeat teen birth rates, and factors shaping the choices of vulnerable youth.
• Relate how public policy levers can influence teen pregnancy and birth rates in Texas and nationwide.
• List effective prevention strategies that can increase the ability of adolescents to access the information, health care and personal toolbox needed to avoid unplanned pregnancies.
Fourth Time’s a Charm: Creating and Sustaining a Youth Leadership Council

Room: Austin

Ariel Kirklen, MPH, CHES | Planned Parenthood of Greater Texas
Ileana Cruz | North Texas Alliance to Reduce Unintended Pregnancy in Teens
Ayelia Ali | North Texas Alliance to Reduce Unintended Pregnancy in Teens
Samantha Bohrt, MPH | Planned Parenthood of Greater Texas

The North Texas Alliance to Reduce Unintended Pregnancy in Teens (NTARUPT) and Planned Parenthood of Greater Texas (PPGT) partnered in 2015 to create the Youth Leadership Council (YLC). This session will cover an introduction to the function of a YLC and the role of peer educators in teen pregnancy prevention programming (TPPP). Educators from both NTARUPT and PPGT will offer reflections on the key challenges faced in the first four years of the implementation. Furthermore, educators will discuss key changes made in the YLC partnership over the years that left a positive impact, explore future goals for the NTARUPT/PPGT YLC partnership, and provide participants in this session with resources for starting a YLC within their own communities.

Learning Objectives:
- Describe the function of a youth leadership council (YLC) and the potential impact of peer educators within the community in relation to teen pregnancy prevention programs.
- Identify at least four best practices to increase likelihood of success in implementation and maintenance of one’s own YLC.

2:45 PM - 4:00 PM
Closing Keynote

Developing a Resilient Self

Room: Phoenix Central

Rosalinda Mercado | E-Colors

Resiliency is a process that requires intentional practice. Whether one has experienced poverty, abuse, or any other form of neglect that once seemed normal, or professionally worked alongside individuals who have, this session will introduce attendees to the framework utilized to gain a healthier and new normal. Building resiliency requires self-reflection, an understanding of others, and actionable steps. Research on the concept of resilience found that some individuals who had psychological resilience, which refers to coping and adapting effectively, are more likely to experience positive emotions even during periods of stress. This session will cover the tenets to bring about a healthier change: connecting to purpose and meaning in life; using unique strengths; maintaining perspective; generating positive feelings; being realistically optimistic; persevering by being open-minded and flexible; and reaching out to others.

Learning Objectives:
- Describe ways to build resiliency in teenagers.
- Identify ways to promote a healthier mindset for others.
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**Opening Keynote – Monday**

**Karen Rayne, PhD, CSE**  
*Executive Director | UN|HUSHED*

Dr. Karen Rayne serves as the executive director of UN|HUSHED implementing the highest quality sexuality education curricula possible. An author, Dr. Rayne has worked in sexuality education for the past two decades with an expertise in parenting, comprehensive sexuality education, curriculum writing, and training. Her books include: GIRL: Love, Sex, Romance, and Being You and Breaking the Hush Factor: Ten rules for talking with teenagers about sex. She has also developed a wide range of curricula and other professional resources. Dr. Rayne has worked with the UNFPA, The Center for Sex Education, Girls Inc, and other organizations to bring them best practices approaches to sexuality education.

**Closing Keynote – Tuesday**

**Rosalinda Mercado-Garza, PhD**  
*CEO | E-Colors in Education Inc.*

Since June 2013, Dr. Mercado-Garza has been chief executive officer of E-Colors in Education, a national not-for-profit organization, offering human performance and leadership coaching to K-12 and university students, educators, and leaders. Previously, she served as a school superintendent, principal and bilingual teacher. Additionally, Dr. Mercado-Garza taught an undergraduate education course at Texas A&M for two years after completing her master’s. She wrote her dissertation on her life story, entitled “From Being Considered At-Risk to Becoming Resilient: An Autoethnography of Abuse & Poverty.” In addition, she has been invited to share her narrative as a keynote speaker at various events across the country.

**Panelists – Monday**

**Celia Neavel, MD, FASHM, FAAFP**  
*Medical Director | Center for Adolescent Health & GOALS, People’s Community Clinic*

With the support of People’s Community Clinic, Dr. Neavel founded and continues to direct the Center for Adolescent Health and GOALS Program. She earned her Bachelor of Arts in Plan II Honors at The University of Texas at Austin and her medical degree at Baylor College of Medicine in Houston. Board certified in Family Medicine with fellowship training in Adolescent Medicine, Dr. Neavel is recognized as a Top Doctor in Adolescent Medicine by Austin Monthly and a Super Doctor in Family Medicine by Texas Monthly. She gives national, state, and local talks on topics concerning adolescent health, reproductive health, and integrated behavioral health.

**Will Francis, LMSW**  
*Government Relations Director | National Association of Social Workers - Texas Chapter*

Will Francis serves as the Government Relations Director for the National Association of Social Workers – Texas Chapter. He previously worked for Mental Health America of Texas as the Technical Assistance Manager for Texas Parents as Teachers, a home visiting program that focused on school readiness, child development and the reduction of abuse and neglect. Other work experience includes positions with Child Protective Services and Travis County Juvenile Probation. Will received a Master’s in Social Work from The University of Texas at Austin and a Bachelor’s Degree in English from Hampden-Sydney College in Virginia. He has a passion for promoting the profession of social work and believes strongly in supporting social justice through public awareness.

**Keegan Warren-Clem, JD, LLM**  
*Founding Director | Austin Medical-Legal Partnership*

An attorney and founding director of Austin Medical-Legal Partnership, Ms. Warren-Clem works collaboratively with health care providers to improve health outcomes through legal assistance and education, and law-informed clinical practice transformation. An adjunct professor dually appointed at The University of Texas School of Law and McCombs School of Business, Ms. Warren-Clem challenges students and residents to explore connections between health, poverty, and unmet legal needs. She has published articles on public health law and policy, and the use of population health norms to understand outcomes of legal interventions.
Ayelia Ali
Educator | North Texas Alliance to Reduce Unintended Pregnancy in Teens (NTARUPT)

Ayelia Ali was raised in the DFW community and developed an interest for public health during her time at Austin College. As a Fulbright Scholar in 2017, Ayelia spent time abroad teaching. After she returned to Dallas, she accepted an offer to become an educator and is responsible for delivering evidence-based teen pregnancy prevention programs. Her hope is for her students to make the best, informed choices for themselves.

Rachael Asman, MEd
Director of Teen Parent Program | New Journey Press

Rachel Asman earned her Bachelor of Arts in Psychology, with a minor in Child Development, from the University of California, Irvine and her Masters in Education - Cross Cultural Teaching, from National University. She has coordinated the California School Age Families Education (CalSAFE) Program Escondido for expectant/parenting teens for the past 13 years, serving almost 3,000 students. With a passion for working with at-risk youth, she grew the small program serving 60 students in the district and 9 children in the Child Development Center, to a high of 235 students and 55 children served in the Early Childhood Education Center. The average graduation rate for CalSAFE Escondido students is 80%. Working with community partners has been key to assisting credit deficient students make up units to graduate.

Meera Beharry, MD
Adolescent Medicine Section Chief | McLane Children’s Medical Center, Baylor Scott & White

Dr. Meera Beharry is a leader in the field of adolescent medicine with special interests in issues facing pregnant and parenting teens, homeless youth and youth with chronic illness. Dr. Beharry completed her Adolescent Medicine fellowship in 2009 at the world renowned Children’s Hospital of Los Angeles. After her fellowship, she joined the faculty at the University of Rochester where she helped develop reproductive health services and strengthen services for high-risk youth. In 2012, she moved to Texas to lead the Adolescent Medicine section in the Department of Pediatrics at McLane Children’s Medical Center. She led the development of a Teen-Tot clinic for pregnant and parenting teens and their children. Dr. Beharry has published on a variety of adolescent health issues. She and Dr. Cecilia Neavel have a forth-coming book chapter focused on contraception for homeless youth.

Angelica Benton-Molina
Public Health Educator | Austin Healthy Adolescent Program/Austin Public Health

Angelica Benton-Molina works within the Austin Healthy Adolescent Program (Austin Public Health) as a Public Health Educator. Her work is with young people in schools and community organizations around the topic of sexual health. Austin Public Health and other City of Austin offices are working on bringing awareness to the topic of systemic racism so that we can better work with the communities we serve.

Jennifer Biundo, MPAff
Policy and Data Analyst | Texas Campaign to Prevent Teen Pregnancy

Jennifer Biundo is a policy and data analyst for the Texas Campaign to Prevent Teen Pregnancy. As a statistics work who loves few things more than a good data visualization, Jen works to develop evidence-based public policy priorities and foster collaboration with stakeholders and partners throughout the state. She served for five years as an analyst for the Legislative Budget Board, and previously was a newspaper reporter and editor in Hays County. Jen holds a master’s degree from the LBJ School of Public Affairs at the University of Texas at Austin.

Samantha Bohrt, MPH
Community Health Education Manager | Planned Parenthood of Greater Texas

Samantha Bohrt is the Community Health Education Manager for Planned Parenthood of Greater Texas in the North Texas region. She is responsible for coordinating health education opportunities, as well as establishing and maintaining partnerships in the Dallas/Fort Worth community. She received her Master of Public Health from the University of Texas Health Science Center, and has worked in the field of sexuality education for the past five years facilitating community education as well as professional development.

David Cabrera, MPA
Research Specialist | Public Policy Research Institute (PPRI), Texas A&M

David Cabrera began working for PPRI in June 2014. He graduated with a Master’s in Public Administration from the Bush School at Texas A&M University in 2013, with a focus on state and local policy. Since joining PPRI, he has worked on numerous projects coved adolescent health, criminal justice and higher education, and has been an important asset in PPRI’s work on various Title V Maternal and Child Health Services grants. David has participated on the THAI project since 2014. He is heavily involved in overall in implementation and evaluation of the program.

Jessica Chester, CLC, CHW
Communications Coordinator | Parkland Hospital

Jessica Chester is a Certified Community Health Worker (CHW) for the state of Texas. Subsequent to her collegiate internship with Parkland Health & Hospital System, Jessica was hired on as the Communications Coordinator for the hospital’s Family Planning Outreach Grant. In this role, Jessica has been tasked with providing comprehensive and medically accurate education on topics such as family planning, reproduction, and sexual health to members of the Dallas County community.

Susana Contreras
Community Health Educator | Planned Parenthood of Greater Texas

Susana Contreras has been serving the community through Planned Parenthood of Greater Texas (PPGT) since 2016. She has worked directly with patients in PPGT’s health centers as a medical assistant and is currently a Bilingual Community Health Educator, meeting Austinites where they are with the information and resources they need to stay safe and healthy.
FORGING AHEAD: THE CHALLENGE OF CHANGE

PRESENTERS

Elaine Cray, MPHE
Project Manager | Texas Campaign to Prevent Teen Pregnancy

Elaine Cray leads the Texas Youth-Friendly Initiative, an evidence-based approach to helping healthcare centers across Texas effectively meet the needs of adolescents in their community. She brings four years of clinic-based experience and knowledge of the unique challenges faced by Texas health centers in effectively serving the adolescent patient population. Elaine has spearheaded public safety education and health service coordination initiatives for immigrant and refugee communities in Central Texas.

Ileana Cruz
Educator | North Texas Alliance to Reduce Unintended Pregnancy in Teens (NTARUPT)

Ileana Cruz is a Dallas Native and has a passion for helping the communities she grew up in. She studied neuroscience and psychology at the University of Texas at Dallas and spent time previously working in a research lab studying the underlying mechanism of pain. Ileana hung up her lab coat after finding a passion for working with teens in the Dallas area.

Monica Faulkner, PhD, LMSW
Research Associate Professor, Director | The University of Texas at Austin/School of Social Work/Texas Institute for Child & Family Wellbeing

Dr. Monica Faulkner has practical experience working with youth in foster care and clients who experienced domestic violence and/or sexual assault. Over the past three years, she has been working with a team to implement and evaluate teen pregnancy prevention curricula for youth in high-risk settings such as juvenile detention and foster care.

Tammi Fleming, PhD, CHES
Senior Associate | The Annie E. Casey Foundation

Dr. Fleming has been a senior associate at the Annie E. Casey Foundation for six years. In her role, she administers and manages the public health portfolio with an emphasis on increasing the availability and utilization of evidence-based programs that improve outcomes for children and families and promotes the foundation's efforts to ensure racial and ethnic equity. Dr. Fleming currently serves as project lead for Evidence2Success, a framework to guide public investments in proven programs for children and youth.

Toddie Garcia, LMT, CCHW
Community Health Worker, Community Outreach | Matagorda Episcopal Health Outreach Program

Toddie Garcia educates and advises Matagorda County and surrounding areas on health education topics and awareness. Toddie’s main focus is on improving one’s circumstance and knowledge through different resources, programs and services for children and adults of all ages. She forms part of MEHOP’s Adolescent Champion Team and helped develop their Youth Advisory Team and Youth Advisory Council.

Leah Gonzalez, MSSW
Policy and Advocacy Associate | Healthy Futures of Texas

Leah Gonzalez has spent more than three years in her role as Policy and Advocacy Associate with Healthy Futures of Texas, primarily working for their project, the Texas Women’s Healthcare Coalition. This work focuses on bringing together voices of organizations around Texas to advocate for access to preventive women’s health. Leah has also worked to develop the leadership skills of San Antonio high school students through Healthy Futures’ Youth Advocacy Council.

Cory Hall-Martin, MSW
Prevention Specialist | Lifeworks

Cory Hall-Martin is a Prevention Specialist in the REAL Talk program through LifeWorks. She graduated with a Master of Social Work degree from Portland State University and last year decided to leave the Pacific Northwest to enjoy the Texas sunshine. Cory’s background includes working with youth in a correctional facility, teaching first generation college students, and leading AmeriCorps members on service projects throughout the county. Cory’s foundation and passion lies with integrating a trauma-informed approach into her work. Her hope is to help support other professionals in their journey to learn about how trauma impacts individuals, families and communities.

Jenifer Hernandez, CHW
Health Educator | North Texas Alliance to Reduce Unintended Pregnancy in Teens (NTARUPT)

Jenifer Hernandez grew up in Mexico and later moved to Dallas where she has been engaged in community development and advocacy among minority populations. As a facilitator for the Concilio, Jenifer worked in various settings throughout Dallas/Fort Worth including schools, churches and clinics providing health education programming. As a Certified Community Health Worker (CHW), Jenifer knows the importance of overcoming cultural and linguistic barriers to expand care and improve health outcomes. Jenifer is also a mom of two teenagers and two elementary school aged children.

Taiya Jones-Castillo, LBSW, CHWI
Maternal & Child Health Program Specialist, Community Health Improvement Section | TDSHS, Public Health Region 1

Trained and licensed as a Social Worker, Community Health Worker Instructor, Child Passenger Safety Technician, and Suicide Prevention Instructor, Ms. Jones-Castillo is passionate about helping families, improving community health, and educating families and individuals. In her current position, she supports and participates with local community groups regarding injury prevention for vulnerable populations, provides resources for groups seeking assistance in promoting safer communities, creates and distributes health and safety education materials, presentations, and assists in health and safety professional development, including continuing education.
Ariel Kirklen, MPH, CHES  
**Community Health Educator | Planned Parenthood of Greater Texas**  
Ariel Kirklen is a Certified Health Education Specialist that has worked with Planned Parenthood of Greater Texas as a Community Health Educator for two years. She received her Master of Public Health with a concentration in Community Health Practice from the University of Texas Health Science Center. Ariel’s experience in the field of public health has included focus areas of infection prevention and control, maternal and child health, and sex education.

Maribel Lopez, LMSW  
**ACE Program Coordinator | Santa Rosa ISD**  
Ms. Lopez has experience working in settings such as a battered women’s shelter, hospice, and the school setting.

Viveca Martinez  
**Deputy Associate Commissioner for Family and Social Services | Texas Department of State Health Services**  
Viveca Martinez currently serves as the Deputy Associate Commissioner for Family and Social Services where she leads the Office of Women’s Health and Education Services and the Texas Human Trafficking Resource Center at Texas Health and Human Services. She has had an active role in public policy and government relations for more than 10 years.

Jessica Mejia  
**Motivational Facilitator | My ParenTEEN Life**  
Jessica Mejia is the only teen parent graduate from Texas Bible Institute’s Leadership Training Course. As a teen parent outreach advocate in Texas for more than 20 years, she has spoken at jobs corps, church camps, youth conferences, and a women’s leadership conference. Jessica shares how community resources and caring adults impacted her success story. She credits how the works of Og Mandino enabled her to be a healthy teen parent and a healthy adult. She is currently writing a book about her and her son’s journey.

Mindy Menn, PhD, MCHES  
**Assistant Professor | Texas Woman’s University**  
Dr. Mindy Menn is an Assistant Professor in the School of Health Promotion and Kinesiology at Texas Woman’s University (TWU) in Denton, Texas. She is the lead instructor for the health informatics program in health studies at TWU, is an emerging expert on using big data and social media analytics to examine the health risks of youth, has delivered more than 50 professional presentations, and has authored or co-authored 14 professional papers.

Jonis Nava  
**Teen Ambassador | AFROTC Inspector General and Airforce Cadet | Texas State University**  
Jonis Nava is a Bobcat Airman and Geography Major at Texas State University. Throughout high school, he was a Teen Ambassador for Healthy Futures of Texas, serving under the leadership of Dr. Janet Realini. Jonis shares a unique perspective as a male role model and shares his experiences as a motivational speaker impacting young men to be the best versions of themselves. Jonis speaks about his life raised in a single and teen parent home, how sex education and volunteer work drove him to change the statistics and break the cycle predetermined by research, and the importance to wait to have a family until one is financially and emotionally ready.

Melissa Munsell, MEd  
**Instructional Specialist | North East ISD**  
Melissa Munsell has been a teacher and coach since 1993 and currently serves as an Instructional Specialist for the North East ISD in San Antonio. She is actively involved in the NEISD School Health Advisory Council (SHAC) and was instrumental in writing and implementing curriculum for grades K-12 in P.E. and Health Education. She also is the co-author of Essential Health and Comprehensive Health textbooks, published by Goodheart-Wilcox Publishing Company.

Emily Naiser, MPH  
**Project Director | Public Policy Research Institute at Texas A&M University (PPRI)**  
For more than 10 years, Emily Naiser has collaborated on projects in a range of disciplines at PPRI, including public health, K-12 education and higher education. She has utilized both qualitative and quantitative analysis methods to ascertain program effectiveness and develop best practice recommendations to state-level policymakers. Emily has been critical in PPRI’s work on various Title V Maternal and Child Health Services grants. She has conducted community needs assessments and evaluations of various programs aiming to improve the health and well-being of women and children. Emily participated in the THAI program evaluation from 2015-2018, and has been heavily involved in the overall design and implementation of the new iteration of THAI called the Texas Youth Action Network.

Rachel Naylor, MEd  
**Director for Physical Education, Health, and Athletics | North East ISD**  
Rachel Naylor has been the Director for Physical Education, Health, and Athletics for the North East ISD in San Antonio since 2011. She first came to North East ISD in 1999 as an elementary school physical educator and has served in a variety of roles with the district during her tenure. From 2016-2018 she served as a battered women’s shelter, hospice, and the school setting.
as President of the Texas Association for Health, Physical Education, Recreation, and Dance (TAHPERD). She is a graduate of Texas A&M University and Houston Baptist University.

Eleni Pacheco
Health Educator | Healthy Futures of Texas
During Eleni Pacheco’s undergraduate career, she focused on sex, gender, and reproduction from both biological and multicultural perspectives. Now, as a Health Educator, Eleni works to empower young people through body literacy and deeper understandings of their personal and intimate relationships. Eleni believes that a sense of community is the backbone to a better future, which is why she is passionate about engaging the next generation in civic commitment and advocacy work.

Tracy Parks
Programs and Partnerships Coordinator | EngenderHealth
As Programs and Partnerships Coordinator for EngenderHealth’s Re:MIX project, Tracy Parks implements the organization’s peer educator program and supports two parenting young adults in Austin, while also building and maintaining partnerships with community advocates and partners. Her work in youth programs and services includes curriculum development, career planning and teen counseling with gender-responsive, culturally inclusive and trauma-informed care approaches.

Aida Ponce
Chief Outreach Wellness Officer | Project Vida Health Center
Aida Ponce is the Chief Outreach and Wellness Officer at Project Vida Health Center, and is a Certified Community Health Worker Instructor. She seeks to promote the overall wellness and wellbeing of the individual in order to generate a positive change in the community. To achieve this purpose, she has implemented a variety of programs such as: teen pregnancy prevention, sexual and reproductive health planning and teen counseling with gender-responsive, culturally inclusive and trauma-informed care approaches.

Veronica Ray Whitehead, MEd, CHES
Director of Programs | North Texas Alliance to Reduce Unintended Pregnancy in Teens (NTARUPT)
Veronica Whitehead is currently the Director of Programs at the North Texas Alliance to Reduce Unintended Pregnancy in Teens. In this role she oversees all education programming including a Tier 1B Teen Pregnancy Prevention (TPP) Grant from the Office of Adolescent Health (OAH) and the Dallas Young Women’s Advisory Council in partnership with the Dallas Women’s Foundation.

Janet Realini, MD, MPH
Founder and PI, OAH Big Decisions Study | Healthy Futures of Texas
Dr. Janet Realini is the Founder of Healthy Futures of Texas and is the author of Big Decisions, a Texas-friendly “Abstinence-Plus” program for teens. She also was the founding Chair of the Steering Committee of the Texas Women’s Healthcare Coalition (TWHC). Dr. Realini taught Family Medicine for 18 years at the UT Health Science Center in San Antonio, and helped to found Project WORTH, the City of San Antonio’s teen pregnancy prevention program.

Sara Reeves, MS, CHES
Program Director | LifeWorks
Sara Reeves is a Program Director at LifeWorks, where she works to support a team of passionate educators in reaching their professional goals and increasing their impact in the community. She has worked in the field of adolescent sexual and reproductive health for nine years, and believes that all young people deserve quality sexuality education at home and at school. Sara is a Certified Health Education Specialist, and certified facilitator and trainer of several evidence-based sexual health curricula.

Jeffrey Ring, PSYD
Director of Behavioral Sciences and Cultural Medicine | Health Management Associates
Jeffrey Ring, Ph.D. is a health psychologist and Principal at Health Management Associates. His work in health care consulting focuses on culturally responsive integrated behavioral and primary care delivery. He served as the Director of Behavioral Sciences for 19 years in the Family Medicine Residency Program at White Memorial Medical Center in Los Angeles. Dr. Ring received training at Boston University and the University of California, Department of Psychiatry, School of Medicine, San Francisco. Dr. Ring has special interest in how social conditions impact health status, culturally responsive healthcare, physician-patient communication and relationship dynamics. He has been published in various scientific journals, including Medical Education, Journal of Palliative Medicine, and the Journal of Orthopsychiatry.

Saul Rivas, MD, MSPH
Clinical Associate Professor | University of Texas Rio Grande Valley, Department of Obstetrics & Gynecology
Dr. Saul Rivas is a Clinical Assistant Professor in the Department of Obstetrics and Gynecology at UTRGV. He is the Student Clerkship Director and is involved in undergraduate and graduate medical education. Dr. Rivas is also the Director of the Immediate Postpartum Long Acting Reversible Contraception Program at the Women’s Hospital at Renaissance and has been an invited speaker in several regional and national conferences on this topic.

Jennifer Salcedo, MD, MPH, MPP, FACOG
Associate Professor/Obstetrics & Gynecology Residency Program Director | University of Texas Rio Grande Valley
Dr. Jennifer Salcedo is an Associate Professor and Director of residency training in obstetrics and gynecology at UTRGV. She completed her fellowship in family planning and has taught health care systems at the undergraduate and graduate levels.

Rebecca Shirsat
Evaluation Coordinator | EngenderHealth
Rebecca Shirsat is the Evaluation Coordinator at the Austin EngenderHealth office and supports on-site monitoring and evaluation activities on the Re:MIX program. With an interest in the intersection between evaluation data and program implementation, she enjoys working with program participants to find implementation solutions and improve delivery throughout the program. She completed her Bachelor of Arts in Public
Health and Anthropology at the University of California, Berkeley. She has previously volunteered with an organization called Peer Health Exchange and traveled to high schools throughout the San Francisco Bay Area, teaching sexual education and sexual decision-making.

**Rebecca Sorensen**  
*Office of Women’s Preventative Care Director | Texas Health and Human Services*  
Rebecca Sorensen, MPH is the Office of Women’s Preventative Care Director at Texas Health and Human Services. Sorensen has worked with women’s health programs in Texas since 2012, holding various positions at the Department of State Health Services and HHS where she is focused on improving the health and lives of women, families and communities. Sorensen holds a Master of Public Health from Columbia University and has over 15 years of public health experience working in a broad range of settings, including government, health care, education, nonprofit and international organizations.

**Leticia Tenorio, CCHW**  
*Pediatric Care Coordinator / Certified Community Health Worker | Matagorda Episcopal Health Outreach Program*  
Leticia Tenorio currently serves as Pediatric Care Coordinator for Matagorda Episcopal Health Outreach Program (MEHOP). In this role, Letty educates and refers patients to specialists from referring providers. She also instructs classes on car seat installation and other community outreach passenger safety events. Her main focus is on educating pediatric patients’ parents with health information and knowledge to improve their child’s situation and outcome.

**Rob Thurlow, LMSC**  
*Program Services Coordinator - Community Based Counseling | Lifeworks*  
A Licensed Clinical Social Worker, Rob is an alumnus of the University of Texas School of Social Work. He worked at Austin Child Guidance Center for eight years, and has now been with LifeWorks for over 13 years. LifeWorks is engaged in the Austin area initiative to end youth homelessness by 2020. In his current role as Program Director of Community Based Services, Rob oversees counseling, peer support, and psychiatric services to transition-aged youth, aged 16 to 26.

**Nancy Trevino-Schafer PhD**  
*County Extension Agent-Urban Youth Development | Texas A&M AgriLife Extension*  
Dr. Trevino-Schafer serves as the Texas A&M AgriLife Extension’s youth development agent in Lubbock County. While attending Texas Tech, she was involved with a number of research projects and teaching assignments as well as counseling endeavors as a student, and later as a graduate assistant. She has a work history with a strong foundation in positive adolescent development and parenting practices.

**Brianne Walker, MEd**  
*Homemaker*  
Brianne Walker works as a high school English teacher serving low socioeconomic students in an effort to build strong literacy skills across cultures. She leads teachers through workshops, pre- and post-observation conferences that discuss curriculum and classroom management. She pursued her Master’s Degree because she knows she is called to leadership. Brianne mothers daughters Leah (10), and London (5 months). Navigating life through her womanhood is the journey she uses to paint the canvas of her blog.

**David Wiley PhD, MCHES**  
*Professor of Health Education, Retired | Texas State University*  
Dr. David Wiley, Professor of Health Education at Texas State University (retired) is a lifelong health educator who has focused his professional life on addressing health issues of adolescents. Dr. Wiley has authored or co-authored more than 35 peer-reviewed articles and has presented more than 150 keynote addresses and workshops across the United States and internationally on the role of schools in creating healthy children and healthy communities. He is also a founding board member of the Texas Campaign to Prevent Teen Pregnancy. He is the father of one daughter (Lisa) and grandfather of two (Rachel and Andrew).

**Alicia Young**  
*President | New Journey Press*  
Alicia Young pursued a teaching career with the intent of working with teen parents. She has since worked with high school youth, first in a conventional classroom, and with expectant and parenting youth for the past 20 years. She is the President of New Journey Press, a publishing company that provides curriculum for teen parents. Her goal is to provide methods for young parents and at-risk youth to find success and to make positive changes. When she is not working to inspire change in youth, she is working hard to train up her own four children, ages 7-13.

**Carmen Zuniga-Hernandez**  
*Deputy Chief Outreach/Wellness Officer | Project Vida Health Center*  
Carmen Zuniga-Hernandez is currently the Deputy Outreach/Wellness Officer and the Program Manager of POWER 4Uth (Providing Opportunities While Establishing Resilience 4 Youth). She focuses on implementing culturally competent models that connect youth and their families to integrated health care services including sexual health and reproductive services.
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